



# Wayne Herald

SEPTEMBER 12, 1996

WAYNE, NE 68787

120TH YEAR — NO. 50

## Budget is approved

By Clara Osten  
Of the Herald

While the levy on property taxes is down for the city of Wayne, the tax asking is up.

The Wayne City Council heard this during a public hearing prior to approving the 1996-97 budget at Tuesday's council meeting.

The tax asking through property taxes for the new budget will be \$519,705, up from \$485,070 in the 1996 budget. Property taxes make up 21 percent of the general fund budget revenue.

The tax levy for general budget is 47.206 cents per \$100 valuation and 9.0801 cents per \$100 valuation for debt service. The city budget also includes the Wayne Airport for a total levy of 62.96 cents per \$100.

The levy for the city of Wayne has been dropping in recent years due to increased valuation of property in the city. In 1989 the total levy was 68.97 cents. City Administrator Joe Salitros told the council that there has been a six

percent increase in construction in Wayne in the past year which has raised the total valuation for the city.

The total expected general fund revenue for the 1996-97 budget is \$2,486,447.

Expenditures for the next year include \$101,532 for the fire department which will include the purchase of a ladder truck; \$615,017 for the street department that includes \$6,500 for a sidewalk to the softball complex and \$6,500 for the city's share of a terrace parking lot south of the Wayne County Courthouse and \$114,586 for the parks including \$35,000 for overlay of the Victor Park parking lot.

The council unanimously approved the budget which begins Oct. 1.

In other action, the council voted to go ahead with procedures to help control odors produced by the waste water treatment plant.

Council heard a report by Jim Condon of Olsson Associates on the results of a study conducted in the past several months on where

the odor is coming from and ways to control it. The firm recommended a number of housekeeping procedures such as flushing sewers to try to eliminate the odors.

Several of these procedures have already been put into effect and there has been some improvement.

Condon also recommended treatment in the liquid phase which would involve adding chemicals such as hydrogen peroxide or a bleach-type solution.

He told the council that a public education program should also be implemented to inform the public of what the city is doing in its attempt to control the odors.

If the source control and liquid treatment phases do not solve the odor problem, a containment and treatment phase could be implemented, but would cost an estimated \$210,000.

The council also approved a permit by Grace Lutheran Church for the replacement and upgrading of a sign in front of the church which extends over the street right-of-way.

## Board okays lease agreement

The Wayne Board of Education approved the lease purchase agreement for the 10 modular units being built by Heritage Homes for the purpose of schooling students in grades 5-8 in late October during Monday's School Board Meeting.

The down payment for the modulars was \$131,000 with another \$63,000 used for ground preparation

costs. The units will be placed just south of the current high school with six on the east side of the sidewalk that runs between the high school and West Elementary and four on the west side of the sidewalk.

The money for the down payment was taken from the sinking fund. The lease purchase agreement,

similar to a bond, is for \$515,000 and is for seven years. It was drawn up by Al Eveland of Ameritus in Lincoln.

Heritage Homes will be paid upon completion of the project. The vote for the lease purchase was 5-0 with Marion Arneson abstaining.

The Board also held a discussion concerning the next steps on district facilities and concluded the following: Superintendent Dr. Dennis Jensen would research for individuals/firms that offer consensus building services for the purpose of discovering community need regarding the buildings/facilities; That Dr. Jensen contact the architectural firm that did the renovation study on the Middle School and report to the Board in October. The firm is Krbounek Povondra of Omaha.



### Ah, nuts!

The temperature in Wayne fell to 43 degrees Thursday morning and this squirrel is busy planning for winter, which is just around the corner. Area farmers are hoping frost and cold weather stay away for several weeks yet, as crops need more time to mature.

### At a Glance



We use newsprint with recycled fiber. Please recycle after use.

This issue: 2 sections, 16 pages — Single Copy 75 cents

#### Thought for the day:

The most telling sign of old age is not caring any more.

### Quilt show to be held in Winside

WINSIDE — The Winside Museum committee is hosting a quilt show in the Winside auditorium on Saturday and Sunday, Sept. 14 and 15 from 10 a.m. to 4 p.m. Over 100 quilts will be on display, as well as demonstrations and vendor booths.

Door prizes will be given away and a hand-quilted Lonestar quilt will be drawn for at the end of the show. A donation will be taken at the doors.

Volunteers are needed to help the committee set up on Friday.

### Museum

WAYNE — There are only three Sundays left to visit the Wayne County Historical Museum for the end of the 1996 season.

The museum will be open Sundays, Sept. 15, 22 and 29 from 2 to 4 p.m.

The museum is located at 7th and Lincoln Streets.

### Daycare meeting

WAYNE — A Daycare Providers meeting will be held Sept. 16 at Columbus Federal at 7 p.m. It will be sponsored by Midwest Child Care Assoc. and the topic is "Contracts, Policies & Procedures." All providers from any group are welcome. Call Jan for reservations at 1-800-876-1892.

### Immunization clinic to be held

WAYNE COUNTY — Goldenrod Hills Community Services will hold the Wayne County immunization clinic on Thursday, Sept. 19 from noon to 2 p.m.

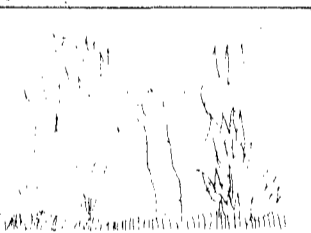
This clinic is located at the First United Methodist Church, 516 North Main, Wayne.

The immunization clinic is open to the public, there are no income guidelines. The child should be accompanied by the parent or guardian. Proxy forms may be obtained by contacting the Wisner office at 402-529-3513.

A \$6 donation per child is requested to help defray the costs of the clinic.

### Grace Lutheran to celebrate

WAYNE — Grace Lutheran Church in Wayne will be celebrating the completion of an addition to the church with a 10:30 a.m. worship service. An open house will be held from 2 to 4 p.m. at the church at 9th and Logan Streets.



### Weather

Ashley Lunn, 7, Wakefield

**FORECAST-SUMMARY:** Seasonably mild temps will continue with a predominantly NNW wind flow. The next chance for rain will hold off until late Sunday and into Monday as a low pressure center develops and strengthens to our Southwest.

Day:	Weather:	Wind:	°Range
Thurs.	Mostly Sunny	N 5-10	45-69
Fri.	Mostly Sunny	NE 5-10	45-72
Sat.	Partly Cloudy	SE 5-15	53-76
Sun.	T-Storms Late		55-75
Mon.	Scattered T-Storms		57-76

Wayne forecast provided by KMEG - WeatherEye.

Date	High	Low	Precep.
Sept. 6	86	64	—
Sept. 7	84	61	.04
Sept. 8	66	59	1.25
Sept. 9	72	48	—
Sept. 10	82	48	—
Sept. 11	85	58	—
Sept. 12	71	43	—

Recorded 7 a.m. for previous 24 hour period

## School Board presented tax numbers

By Kevin Peterson  
Of the Herald

The total tax levy for the school budget in District 17, Wayne for the last school, \$1.26 ranked 210th in the State of Nebraska out of 269, K-12 schools according to information collected from the Bureau of Educational Research, Department of Educational Administration at the University of Nebraska.

In other words, 59 schools in the state had a lower total tax levy (including sinking fund) than the Wayne School District but 210 schools in the state were higher.

The total tax levy for District 17 with the 1996-97 school budget is expected to be \$1.27 — just 1.8 cents per \$100 of property tax value higher than last year.

The Board of Education was

shown the numbers during Monday's regular monthly meeting of the School Board. The Wayne School District has relatively low property wealth per child and compared to other districts similar in size, the Wayne School District asks for a low levy against a low property wealth.

Based on enrollment a year ago, the average per student cost was \$4,539 which ranked 215th of 269 schools with just 54 schools in the state ranking below and 214 schools ranking higher than Wayne.

Of the 269, K-12 schools in the state the Wayne School District is the 43rd largest and when studying eight other school districts of similar size, Wayne had the lowest tax levy request at \$1.26. The school districts studied included: Broken Bow, Minden, Ashland Greenwood,

Wahoo, Chadron, Cozad, Falls City and Auburn.

The highest tax request was Chadron at \$2.14 and the average between the nine schools was \$1.53. The total property value in the affiliated districts for this year's levy tallied \$230,728,347 with a total system levy at just over \$1.14.

The sinking fund levy for District 17 has a total property value of \$188,307,292 with a levy of 13 1/2 cents per \$100 of value. The school budget adopted in August by the Wayne School Board and it was the first time the levy was set by the Board and not by the courthouse.

"In the past the Board's requested the dollar amount of the budget and

they've set the levy," Wayne Schools Superintendent Dr. Dennis Jensen said. "Under new law, however, that is no longer to be the case."

The school budget for the 1996-97 school year is \$5,137,927 — up \$340,000 from a year ago but in property tax askings, it's only up \$147,000 with the remainder coming from the lottery grant.

There will be two special school board meetings this Saturday at noon in room 209 and on Monday at noon in the same room to approve the levy for the school budget.

Saturday's meeting is a public hearing and Monday's is to confirm the levy.

## Grand opening ceremony to be held at The Oaks

The Oaks will celebrate ribbon cutting and grand opening ceremonies this weekend as the culmination of two years of construction come to an end to Wayne's newest development for innovative retirement living.

A ribbon cutting will take place at 2 p.m. on Friday, with the Wayne Ambassadors present and an Open House will take place on Sunday the 15th from 2-4 p.m. with guided tours of the facility.

There are 27 established one and two bedroom apartments for independent living and 20 additional apartments designed for assisted living purposes.

The independent apartments come with a complete set of services including two meals a day, weekly housekeeping, laundry of flat linens, van transportation and social/leisure activities.

The monthly rent includes all

utilities with the exception of cable and telephone service. The Oaks has its own beauty/barber shop and a free ice cream parlor along with other services that are arranged with management.

The assisted living quarters is licensed as a residential care facility. Donna Liska, the marketing director for The Oaks as well as a co-manager said all 47 of the apartments have an emergency call system and a staff member will be on duty at all times.

Liska and other co-manager Theresa McDermott believe The Oaks will have a positive impact on the community.

"We believe this will help draw people from other states into our community," Liska said. "People that may have once lived here and would like to return or older rela-

See THE OAKS, Page 3A

## Dr. Mash is appointed to college advisory council

Wayne State College President Dr. Donald Mash has been appointed to serve on the Council of Presidents of the Association of Governing Boards of Universities and Colleges (AGB). The association of college administrators provides support and advice to members of the boards of trustees of colleges and universities throughout the country.

Mash will be one of 32 presidents from across the nation serving in this advisory capacity.

The purpose of the presidential advisory group is to identify emerging higher education issues of concern to trustees; to help in evaluating the impact of AGB programs on the functioning of trustees and to advise on all matters referred to it by the AGB Board.

The Council of Presidents represents all public and private colleges and universities, large and small.

Mash said he was pleased and flattered by the invitation to join the group.

"This will be a good experience



Dr. Donald Mash

and a way for me to be on the cutting edge of issues that will impact higher education," Mash said. "The work will most certainly help me provide timely leadership at Wayne State. Interaction with other presidents as well as AGB staff and Board members is a rare opportunity most presidents don't get."



## Hoskins to begin receiving 911 service from Norfolk

Residents in Hoskins began receiving 911 service for the first time on Thursday (today) at 8 a.m.

Captain Buss of the Norfolk Police Department said residents of Hoskins expressed interest in getting 911 service through the Norfolk Police Department after NPD took over all of dispatching for Stanton County.

flat fee/reflecting only the charges that US West bills them for the Hoskins 911 service availability.

"US West only bills us for Hoskins' 911 service because we are their customer," Captain Buss said. "The small charge per month that Hoskins residents will see on their phone bills will go toward the US West charges."

Residents of Hoskins will be charged a small fee each month which will appear on their telephone bill to pay for the service. The Norfolk Police Department will bill the Hoskins Fire District a

It is estimated that with in the next year Hoskins will be on the enhanced 911 system. Woodland Park near Norfolk with a population between three-and-four thousand is in the Hoskins Fire District.

The Oaks, which contains 27 apartments and 20 assisted-living units, will be celebrating a grand-opening this Sunday, with the public encouraged to tour the new facility located in Vintage Hill in the northeast corner of Wayne.

## The Oaks

(continued from page 1A) tives of those that already live here who would like to see them in the same area."

It also allows people who might feel somewhat isolated to become more involved by being around other people while still being independent.

The Oaks is a joint venture with Bear-Vine Corporation and local investors. Jan Thayer of Grand Island is the developer for the project with Vakoc Construction completing it along with several different sub-contractors.

Among the opportunities The Oaks gives its residents is a chance

to enjoy drama, art and athletics and its readily close to the facility with Wayne State College.

The Oaks will also supply an economic benefit by employing as many as 15 people.

Besides access to WSC's resources, classes, recreational

opportunities, athletics, social events and cultural activities Wayne can offer Oaks residents the finest in easy access to golf courses, parks, lakes, shopping etc.

Ground was first broken on The Oaks project in May of 1995 in the northeast section of Wayne.

## Enrollment up at school

By Kevin Peterson  
Of the Herald

Enrollment at Wayne High School is up seven students from a year ago according to numbers given by Dr. Don Zeiss during Monday's School Board Meeting.

A total of 290 students are enrolled with 61 seniors, 62 juniors, 91 sophomores and 76 freshman comprising the numbers.

There are 44 students enrolled at the Carroll school including six kindergartners, 11 first graders, 12 second graders, 8 third graders and 7 fourth graders. The number of Car-

roll students is down four from a year ago.

The numbers at the Wayne Elementary are down five to 281 this year but the numbers in the Middle School show an increase of 31 students this year to 334.

There are a couple of new classes in the high school this year including a creative reading program which will be under the tutelage of Dan Fehringer. Wayne State students majoring in teaching will come in and help through paraprofessional training which will benefit both the WSC student and the high school/grade school student.

A computer drafting/home design course will be offered with Dave Hix and Kathy Fink tutoring the class in which students will learn to use the computer assisted drafting software from Mr. Hix then use that knowledge in learning to design a home. There are 20 students enrolled in the class.

In action taken by the Board at Monday's meeting it was approved to have an attorney present at every meeting, making sure all the i's are dotted and t's crossed. Olds, Pieper & Connolly are currently handling the duties.

## Black and Gold activities scheduled

An exciting lineup of headline entertainers have been scheduled for the 1996-97 Black and Gold cultural series at Wayne State College according to Dr. Jim Day, professor of fine arts the College and coordinator of the events.

World renown performers appear on stage each year at Wayne State as part of the long-standing series which has brought such notables to Wayne as Jesse Owens, Jimmy Dorsey, John G. Neihardt, Basil Rathbone, Itzhak Perlman, Peirre Salinger, Agnes Moorehead, Dick Cavet, Buddy Rich, Phyllis Diller and more.

Each of the featured programs on the Black and Gold schedule each year provide area residents the opportunity to see Broadway-quality entertainment at a fraction of the cost of a big city theatre ticket, explained Day.

Many of the Black and Gold performances end up being sellouts, said Day, attributing the popularity to the quality of the shows, and the low ticket price of \$5 for adults and \$3 for high school age children and younger.

"Jelly Roll, The Man and the Music - Jelly Roll Morton" kicks off the 1996 season on the Ramsey Theatre stage Oct. 10. It is an award-winning off-Broadway musical starring Marion J. Caffey as Jelly Roll Morton and Butch Thompson as the Professor.

The second event this fall will be The Who's "Tommy," a rock musical which will be staged at Rice Auditorium on Nov. 21. The hit Broadway musical production was the winner of 5 Tony awards in 1993.

A top former Soviet pianist Sergei Babayon will perform on the

Ramsey Stage on Feb. 11. The critically acclaimed classical recording artist is the winner of several international piano competitions and has performed with the worlds leading orchestras.

The final performance of the season will be the March 25 play "Driving Miss Daisy" by Alfred Uhry. The stage production features Leonard Stephenson as Hoke Coleburn in the bittersweet, three character play.

Each of the Black and Gold performances will begin at 8 p.m.

Seating capacity is limited for the performances said Day. He explained that tickets are available to the public beginning about three weeks before each event. For more information about the Black and Gold Series contact the WSC Fine Arts Division at 375-7517.

## WSC Alumni office hosts 50's reunion

The Wayne State College Alumni Office will be hosting a 1950's decade reunion during the 1996 Homecoming Weekend. Persons who graduated or attended the College during the 1950's are invited to relive the memories and join in the fun during the entire weekend.

A special reunion party will be held at Riley's Convention Center in Wayne on Saturday evening, Oct. 12.

The social will begin at 6 p.m.

with dinner following. Guests will be dancing to the tunes of the 1950's era.

Tickets for the event are available through the Alumni Office for \$18 and may be reserved by calling 375-7209 by Sept. 20.

Alumni attending the reunion activities may be interested in other activities on campus that weekend.

said DeVon Coble, WSC Alumni Director. She said the football game that Saturday will be against Southwest State. The game will be preceded by the Homecoming Parade at 10 a.m.

The dedication of the Student Center Addition and Remodeling will be held at 2 p.m. on Friday, Oct. 11.

## Investigation continues in break-in

The investigation continues into the breaking in of Wayne High School during the early morning hours of August 27th.

Vandals broke through the window of Room 101 and once entrance was gained, proceeded to ransack the room including tipping over the instructor's desk.

Afterwards, the vandals proceeded to the hallway where they took two fire extinguishers and sprayed as many as 40 lockers and pulled books from those lockers and ruined them as well as ruining a \$650 piccolo.

The total cost numbers of the break-in reveal nearly \$1,000 worth of damage to books, \$750 in damage to the satellite dish outside the school, \$650 damages to the piccolo and a cost of \$60 to refill the fire extinguishers.

It also cost nearly \$600 in overtime to have extra clean-up help from the incident. There are suspects at the present time but the investigation is continuing.

## Frye completes nursing program

Julie Frye of Wayne was one of 24 students who were recently honored during a pinning ceremony for completing Northeast Community College's licensed practical nursing program.

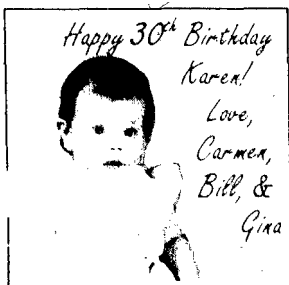
Upon completion of the program, graduates are eligible to take the National Council of Licensure Examination (NCLEX-PN).

The licensed practical nurse gives nursing care and supervision of a registered nurse or licensed physician, dentist, osteopath or podiatrist in a variety of nursing fields.

The licensed practical nurse may be employed in health care settings such as hospitals, nursing homes, doctor's offices, home health agencies and, increasingly, in other health agencies.

Students learn from both classroom study at the college and actual clinical experience at various health care agencies in the community.

Stop at the Wayne Herald and pick up your copy of the Wayne County Pictorial History Book



## Protect Your Family And Home For Pennies A Day.

Auto-Owners decreasing term life and mortgage payment disability insurance provides money to pay off the mortgage or other debts if you die, and continues making mortgage payments if you're disabled. Contact your local Auto Owners agency for details.



Northeast Nebraska Insurance Agency, Inc.  
111 West 3rd Wayne, NE  
402-375-2696  
Auto-Owners Insurance  
Life Home Car Business  
The No Problem People

**FEATURE OF THE WEEK**

**PROPERTY EXCHANGE**  
112 PROFESSIONAL BUILDING  
WAYNE, NEBRASKA 68787 OFFICE: 375-2134  
CALL US TOLL FREE 1-800-457-2134

**District # 57 - Teacher: Mrs. Huetig**

Back row, left to right: Sheila Meyer, Kelli Heinemann, Dan Reinhardt, Joe Meyer and Ashley Easley. Front row: Scott Baier, Amy Kay, Daniel Bruns, Tavin Ussery, and Mikey Kay.

**The State National Bank and Trust Company**  
Wayne, NE 68787 • 402/375-1130 • Member FDIC  
Main Bank 116 W 1st • Drive-in Bank 10th & Main

**African Photographic Safari**  
Through Kenya & Tanzania  
Featuring Ngorongoro Crater and Serengeti National Parks  
Presented by: *Bohemian Journeys*

Three days & two nights on Safari!

Tour Dates — 1996  
December 3-11  
December 6-14

**\$2395.00/person**  
Deadline for all tours:  
October 4, 1996

Price Includes:  
RT air from Lincoln or Omaha; Lodging; Gr. Transportation; Some meals; taxes.

We feature small groups of 4-5 people/tour

For More Information Call Nelson At:  
**1-800-342-7891 (Lincoln)**  
Call for a free color brochure

Ask about our Group Blocks & how you can save!

---

**SCHMITT Construction Inc.** "In business since 1970"

- Drainage Ditch Cleanout - Terracing - Tree Removal -
- Site Development - Concrete Removal - Building Demolition -
- All Types of Dirt Work -
- Dozers - Scrapers (11 & 22yd) - Excavator - Loaders
- Bobcat - Graders - 12 yrd Dump Trucks - FREE ESTIMATES

We Appreciate Your Business **402-256-3514**

**Welcome Back WSC Students and Staff!!**

We hope we can keep up with the rush. Thank you for saving your dry cleaning for us

**K&G Cleaners**

— Several Locations — Call to find the one nearest you.

**Glen's AUTO BODY**

- Major and Minor Body Work
- Glass Work

Glen's Auto Body  
Phone: 402-375-4322 RR 2 Box 244  
2 Miles South and 1/2 East of Wayne









# Wayne girls off to impressive 5-1 start

By Kevin Peterson  
Of the Herald

They've won five of their first six matches of the 1996 season, the finest start in coach Joyce Hoskins' tenure but the Wayne volleyball team knows it's a one-match-at-a-time attitude that will lead them to a higher rung on the ladder of success.

The Blue Devils placed runner-up at the Beemer/Invite last weekend and then defeated Schuyler on Tuesday in Schuyler.

Wayne blasted Beemer in the season opener, 15-3, 15-5. Katie Lutt led the attack with nine kill spikes while Gayle Olson had four and Olson notched two ace blocks to lead the team at the net. Melissa Weber was 27-27 in setting with a dozen assists. "We played very well for the season opener," Hoskins said. "The girls were really ready to play." Molly Linster paced the serving with a stretch of seven straight points.

Wayne handled North Bend in the second match, 15-3, 15-12 with Weber notching 23 set assists on 58 of 59 attempts. Lutt was 24-25 with 11 kills to lead the attack with Olson notching six kills and Jenni Beiermann, four. Molly Linster was 6-6 with three kills. Olson paced the team at the net with three ace blocks. "We came out strong again in the first game but we had a slight let down in the second game," Hoskins said. "We didn't execute as well but the girls responded well in a close game."

Wayne trailed 12-11 before

Brooke Parker tied the game on her serve and she put the Blue Devils ahead to stay with an ace serve before Lutt served out the game and match.

Wayne breezed past Scribner-Snyder in match three, 15-5, 15-12. Weber had 17 set assists with Lutt pounding 10 kill spikes to lead the way on 23 of 24 attempts. Olson was 17-20 with nine kills and she had two ace blocks.

The Blue Devils had no trouble with Fremont Bergen, 15-6, 15-4 to advance to the championship match. The serving game was consistent and solid for Wayne led by Katie Lutt's three aces and 9-9 outing. Brooke Parker was 11-11 with two aces and Weber was 9-9 with one ace while successfully leading the setting chores with a 42-42 performance with 20 assists.

Lutt led the attack once again with nine kills while Olson had eight and Katy Wilson was 5-5 with one ace spike.

The championship contest ended in disappointment for the Blue Devils after it appeared they were geared to upend the second ranked Gators of Wisner-Pilger.

"We led 12-10 in the first game and 14-10 in the second game before losing, 14-16, 14-16," Hoskins said. "We were a little disappointed because we felt we beat ourselves with mental mistakes and missed serves at crucial times including three consecutive misses when we were up 14-10."

Weber was 82 of 84 in setting the ball with 28 assists with Katie Lutt notching 16 kill spikes on 31

of 34 attempts. Gayle Olson was 36-40 with 10 kills while the serving game was led by Brooke Parker at 12-12. Weber was 9-9 with one ace and Lutt was 11-12 with an ace and Olson, 8-9 with one ace.

**TUESDAY IN SCHUYLER**—the Blue Devils notched win number five with a 15-12, 15-13 victory. Melissa Weber was 93-100 in setting with 33 assists with Katie Lutt slamming a team high 19 kill spikes while Gayle Olson had 15 kills.

Both Lutt and Olson had three ace spikes to share team honors with Lutt hitting 13 of 14 serves and Olson, 12-12. Molly Linster was 14 of 16 with two aces and Katy Wilson was 10-11 with two aces while Lindsay Baack was 9-10 with one ace.

"We didn't play all that well," Hoskins said. "We will need to pick it up if we want to do well at the Northeast Nebraska Volleyball Classic in Wakefield."

Wayne's reserve team lost, 12-15, 5-15 with Megan Meyer leading the way with six points including three ace serves. The "C" team was split into two teams with the first match ending in a 1-15, 2-15 setback and the second match ended with Wayne falling, 13-15, 6-15 with Kristin Wilson leading the Blue Devils with eight points.

Wayne will play Stanton at 5 p.m. on Thursday in the first round of the Wakefield Tournament. The championship match is slated for 6:15 p.m. on Saturday.



Landon Grothe looks for additional yardage in the season-opener between Winside and Wakefield. Wakefield won the game 18-8 in a game held at Winside on Friday night.

## Wakefield defeats Winside

By Lee Koch  
for the Herald

Justin Mackling won the battle of the running backs and helped his Trojan teammates win the war as invading Wakefield ruined Winside's home opener by downing the Wildcats 18-8 last Friday night.

Mackling showed fans of both teams why he is an all-state running back prospect by scoring 225 yards on 33 carries. He scored from the four-yard line in the opening quarter to draw first blood for the visitors and added a 60-yard touchdown run with five minutes left in the contest to put the game on ice for the Trojans.

Jaimey Holdorf returned the ensuing kickoff 63 yards to the Wakefield 17-yard line to give the Wildcats a final shot at the endzone but a stalwart Trojan defense stopped the Cats on a fourth-and-one at the eight-yard line.

Wildcat halfback Landon Grothe turned in a credible performance of his own with 150 yards on 22 carries.

Holdorf returned the game's opening kickoff 28 yards and the Winside offense appeared to be in high gear as the Cats moved the ball to the Trojans 29-yard line before shooting themselves in the foot on a procedure penalty.

The Wildcats' inclination for self-inflicted injuries continued as they were penalized nine times.

Trojans coach Dennis Wilbur felt the overall size of his team may have worn the smaller Wildcats

down early in the game. "Last year we wore Winside down in the fourth quarter to come from behind," Wilbur said. "This year our size wore them down in the first half but we were getting tired in the fourth quarter."

Wilbur credited Mackling's running and his linebackers for the victory. "We may have the best linebacking corp around," he said. "The Trojan linebackers include Mackling, Tyler Peters and Lance Jacobsen. The tenacious trio bagged 39 tackles as well as a pass interception by Mackling late in the game."

Wilbur called Mackling's 60-yard touchdown run the game breaker and in the same breath bemoaned the "tremendous passing combination of Winside's Robert Witter and receiver Holdorf."

Winside's offensive effort featured the Witter to Holdorf passing game as well as the running abilities of Grothe. Holdorf caught 10 passes for 98 yards.

"Wakefield simply made fewer mistakes than we did," Winside coach Randy Geier said. "We had 160 many crucial penalties to win a football game."

Geier said he can't fault his young people for their physical effort. "We played hard on every play," he said. "Our offensive line played well enabling us to accomplish the number of yards we managed."

The Winside mentor felt his defense played well with the exception of a couple of mental break

downs. Shaun Magwire led the Cats with eight solo tackles while Scott Stenwall had six solos while Joe Schwedhelm had eight total tackles despite being double teamed most of the game.

Winside will host Pender on Friday while Wakefield travels to play Ponca.

Wak	0	6	0	6	18-
Win	6	0	0	8	8

### Scoring summary:

1st quarter  
Wake Justin Mackling, 4 yard run

2nd quarter  
Wake Eric Beacom, 24 yard pass from Jim Rusk

4th quarter  
Win Chad O'Connor, pass from Robert Witter (Landon Grothe, pass from Witter for two point conversion)  
Wake Justin Mackling, 60 yard run

Statistics	Wak	Win
First Downs	15	17
Rushing/yards	42/241	38/204
Passing yards	85	151
Pass/Int's	4/1/1	15/3/1
Total offense	516	350
Punting/avg	5/24.8	2/7.5
Penalties	7/65	9/70
Fumbles lost	3/0	0/0

Individual rushing: Wake Justin Mackling, 33/225; BJ Hansen, 2/11; Win Landon Grothe, 22/150

Passing: Wake Jim Rusk, 4/11/85 (1 TD); Win Robert Witter, 15/30/151 (1 TD)

Receiving: Wake Eric Beacom, 2/64; Lance Jacobsen, 2/21; Win Jaimey Holdorf, 10/98; Chad O'Connor, 1/52

Total tackles: Wake Lance Jacobsen, 17; Justin Mackling, 12; BJ Hansen, 11; Tyler Peters, 11; Win Shaun Magwire, 8; Ryan Krueger, 8; Scott Stenwall, 6; Brock Shelton, 5

## WSC wins three of four

The Wayne State spikers won two of three matches at the South Dakota State Burger King Classic last Saturday in Brookings, S.D. Sharon Vanas' Cats defeated Chadron State in the first match, 8-15, 15-12, 4-15, 15-13, 15-11.

Tracy Wessel notched 43 set assists to lead WSC while Jennifer Rowse led the hitting corp with 13 kills on 30 of 39 attempts. Jessie Pontow was 24-28 with 11 kills and Renee Fuhr was 22-30 with eight kills.

Fuhr did a fine job in serving with seven aces and the passing game was led by Pontow with 14 digs while Fuhr had nine digs and Wessel, eight. Wessel also led the team defense at the net with five total blocks.

WSC fell to the host team SDSU in the second match despite jumping out to a two-games-to-none lead, 15-11, 16-14, 14-16, 1-15, 11-15. Wessel notched 57 set assists for team tops and Renee

Fuhr blasted 20 kill spikes on a 48 of 54 performance. Jessie Pontow was 37-41 with 13 kills and Jill Grant was 36-38 with 10 kills.

Grant and Wessel each notched four service aces and digs leader was Fuhr with 22 while Grant had 20. Amy Gudmundson and Wessel each had 13 digs. Wessel finished with six total blocks while Jennifer Svitek recorded six ace blocks and Erin Pick, five.

WSC defeated Concordia-Moorhead in the third match, 9-15, 15-8, 9-15, 15-8, 16-14 to improve to 3-5. Tracy Wessel led the team in setting with 49 assists with Jennifer Rowse and Jesse Pontow sharing team honors in kill spikes with 14 as Rowse was an impressive 28 of 29 while Pontow was 30/36.

Renee Fuhr was also in double figures in ace spikes with 10 while Pontow led the team in serving with two aces. Amy Gudmundson had 14 digs to lead the winners while Fuhr had 11. Fuhr also led the team's net defense with four total blocks.

Monday in Stouxs, Iowa the Cats defeated Brar Cliff in straight games, 15-6, 15-11, 15-12, moving their season record to 4-5. Wessel had 35 set assists and Fuhr had 13 kill spikes on 25 of 29 attempts while Pontow and Rowse each had seven kills.

Fuhr and Pontow each had two service aces to share team honors and both shared team honors in digs with 13.

"I think right now our players are doing a good job," coach Sharon Vanas said. "We're just not matching up in size very well right now but our heart, desire and the fact we have a lot of smart players is really helping us."

Jennifer Svitek and Tracy Wessel were each named to the all-tournament team for their performances in the three-match format.

### WSC men placed fourth on the links

STORM LAKE, Ia.—The Wayne State men's golf team participated in the first outing of the season with a 321 score in the Buena Vista Invitational, held last Saturday in Storm Lake, Iowa. Northeast Community College of Norfolk won the team title with a 296 while Wesumar was runner-up in the seven team field with a 309, followed in order by Dordt, WSC, Northwestern, Buena Vista and Mt. Marty.

Trevor Rasmussen led the Cats with a 78 while Jason Masat and Sam Loewe fired 80s. Nate Hopkins netted an 83 and Jeff Yahn, 84. Erik Burns fired a 77 but his score was not tallied on the team total. WSC will be taking part in the Dordt Invite on Friday.

### Wayne reserves win in overtime

WAYNE—The Wayne High reserve football team edged Pender, 32-26 in overtime in the season opener on Monday in Wayne. Darin Jensen intercepted a Pender pass attempt in the overtime and Wayne scored the winning touchdown on a one-yard run by Josh Murtaugh, his second rushing touchdown of the game.

Also scoring for the winners was Tim Zach on a two-yard run and Darin Jensen on a 19-yard pass from Robbie Sturm. Joel Munson scampered 80 yards for a touchdown on a kickoff return and Murtaugh's first score came on an eight-yard scamper.

Zach led the rushing attack with 57 yards on a dozen carries while Murtaugh netted 37 yards on nine attempts. Sturm was 3-7 in passing with one interception and 31 yards. Jensen, Murtaugh and John Magnuson each caught one pass.

The defense was led by Jeremy Meyer with 10 tackles with Murtaugh and Jensen garnering six tackles each and Jay Endicott, five. Dustin Schmeits also had an interception and fumbles were recovered by Jensen and Brandon Hall. Wayne will host Pierce next Monday (16th) at 5 p.m.

**NEW**

**COUNTRY CHICKEN RUNZA SANDWICH**

Introducing the new Country Chicken Runza® Sandwich. With tender chunks of chicken breast, broccoli, Swiss cheese, and rice, baked inside Runza® Restaurant's fresh homemade bread, it's a great new taste. And a great new Runza® Sandwich for you to choose from. Makes you think of one of Grandma's values, "Variety is the Spice of Life."

**RUNZA**  
Food just like Grandma used to make.

★ ★ ★ **PILGER** ★ ★ ★

**SAND & GRAVEL**

•ROAD GRAVEL •FILL SAND  
•MORTAR SAND •CONCRETE GRAVEL  
•WASHED ROCK  
•BLACK DIRT •WHITE ROCK

**PROMPT DELIVERY & SERVICE**

1 Mile South of Pilger On Hiway 15 **402-398-3303**

1 Mile South of Norfolk On Hiway 81 **402-378-2728**

★ ★ ★

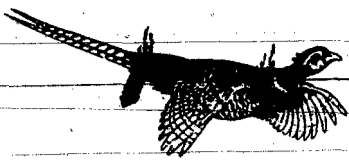
**See Us For All Your Home Loan Needs!**

**Columbus Federal**  
SAVINGS BANK  
220 West 7th Street, Wayne, NE 68787  
402-375-1114

FDIC Insured

Carol Niemann  
Loan Officer





# Lifestyle

## Roberts-Johnson wed in Wakefield ceremony

Shannon May Roberts and Mark Alden Johnson were married July 20 at the Salem Lutheran Church in Wakefield.

Dr. Mark Wilms officiated at the double ring ceremony.

Parents of the couple are Terry and Susan Roberts of Ponca and Lowell and Kathy Johnson of Wakefield.



Mr. and Mrs. Johnson

Wedding music included "Power of Love," "The Wedding Prayer," "He Has Chosen You for Me," "O Perfect Love" and "I Will Be Here." Gina Roberts of Ponca and Mike Johnson of Tekamah were vocalists.

A quartet was performed by Mike Johnson, Glenn Johnson of Lincoln, Lowell Johnson and Alden Johnson both of Wakefield. Kelvin Book of Boston, Mass. was organist.

The bride was escorted down the aisle by her father. For her wedding day she chose a gown in white satin and lace. It featured a sweetheart neckline and short coronet sleeves. The entire bodice and sleeves were adorned with hand-beaded lace motifs.

The full skirt flowed from the deep Basque waistline and was trimmed with elegant scalloped battenburg lace. The semi-cathedral train, also trimmed in lace, featured a series of lace motif cutouts throughout. A sweeping apron trimmed in lace and a large satin

### Senior Center Congregate Meal Menu

(Week of Sept. 16-20)  
Meals served daily at noon  
For reservations call 375-1460  
Each meal served with  
2% milk and coffee

Monday: Salisbury steak, French baked potato, broccoli, creamy peach salad, rye bread, applesauce.

Tuesday: Baked chicken, rice

bow at the back finished the ensemble.

She wore a pearl and rhinestone necklace with matching earrings and carried a cascade of peach roses.

Matron of Honor was Nicki Roberts of Ponca. Bridesmaids were Gina Roberts of Ponca, Staci Gies of Wayne, Katie Kayl of Ponca, Jody Werner of Wayne and Paige Neill of Lincoln.

The flower girl was Angela Rippe of Lincoln. The women wore sheath-style floor-length dresses in hunter crepe which featured square necklines, short cap sleeves and front slits. They carried a peach rose.

Jon Johnson of Wayne was best man. Groomsmen were Joel Jorgensen of Wayne, Tony Krusemark of Norfolk, Doug Roberts of Marshall, Minn., Mark Bliven of Homer and Scott Kneiff of Newcastle.

Ushers were J.D. Roberts of Ponca, A.J. Johnson, Rod Neill and Todd Kratke, all of Wakefield.

Lighting candles were Tammy Unseld of Minneapolis and Pam Ronspies of Wayne.

The personal attendant was Stephanie Lamprecht of Sioux City, Iowa and the guest book attendant was Mary Jo Dierking of Ponca.

A dinner and dance at the Wayne National Guard Armory followed the ceremony.

Host couples were Dallas and Janice Roberts of Wakefield and Ken and Katie Jorgensen of Wayne.

Cutting and serving cake were Linda Siebenborn of Columbus and Betty Mays of Omaha.

Mary and Jaime Goodrich of Omaha were punch servers. Mary Jo Jorgensen of Milford, Iowa was the coffee server. Waitresses were Laura Siebenborn of Columbus, Andrea Jorgensen of Wayne, Corrina Jorgensen of Milford, Iowa and Andrea Smith of Ponca.

The bride is a 1992 graduate of Ponca and is currently attending Wayne State College. She is employed American Express Financial Advisors.

The groom is a 1990 graduate of Wakefield High School and is employed by the Max Bar & Grill.

The couple are at home in Wayne following a wedding trip to Cancun.

## Many occupations can be boring

**Q:** What answer do you have for those who say being a mother and a housewife is boring and monotonous?

**A:** They are right—but we should recognize that every other occupation is boring, too.

How exciting is the work of a telephone operator who plugs and unplugs switchboard connections all day long? Or a medical pathologist who examines microscopic slides and bacterial cultures from morning to night? Or a dentist who spends his or her lifetime drilling and filling? Or an attorney who reads dusty books in secluded libraries? Or an author who writes page after page?

Few of us enjoy heart-thumping excitement each moment of our professional lives. On a trip to Washington, D.C., my hotel was located next to the room of a famous cellist who was in the city to give a classical concert that evening. I could hear him through the walls as he practiced hour after hour.

He did not play beautiful symphonic renditions; he repeated scales and runs and exercises over and over and over. The practice began early in the morning (believe me!) and continued until the time of his concert. As he strolled on the stage that evening, I'm sure many individuals in the audience thought to themselves, "What a glamorous life." Some glamour.

I happen to know that he spent the entire day in his lonely room in the company of his cello. Musical instruments, as you know, are terrible conversationalists.

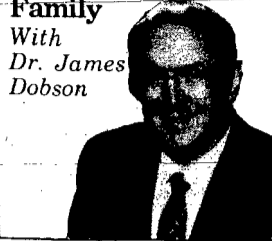
No, I doubt if the job of a housewife and mother is much more boring than most other jobs, particularly if the woman refuses to be isolated from adult contact. But as far as the importance of the assignment is concerned, no job can compete with the responsibility of shaping and molding a new human being.

May I remind mothers of one more important consideration: you will not always be saddled with the responsibility you now hold. Your children will be with you for a few brief years and the obligations you now shoulder will be nothing more than dim memories.

Enjoy every moment of these days—even the difficult times—and indulge yourself in the satisfaction of having done an essential job right!

### Focus On The Family

With  
Dr. James  
Dobson



**Q:** Some parents feel guilty about demanding respect from their children because it could be an underhanded way of making themselves feel powerful and important. What do you think?

**A:** I disagree. It is important that a child respect his parents because that relationship provides the basis for his attitude toward other people.

His view of parental authority becomes the cornerstone for his later outlook on school authority, police and the law, the people with whom he will eventually live and work, and for society in general.

Another equally important reason for maintaining parental respect is that if you want your child to accept your values when he reaches his teen years, then you must be worthy of his respect during his younger days.

When a child can successfully defy his parents during his first 15 years, laughing in their faces and stubbornly flaunting their authority, he develops a natural contempt for them.

"Stupid old Mom and Dad! I've got them wound around my little finger. Sure, they love me, but I really think they're afraid of me."

A child may not utter these words, but he feels them each time he outsmarts his adult companions and wins the confrontations and battles. Later, he is likely to demonstrate his disrespect in a more open manner. His parents are not deserving of his respect, and he does not want to identify with anything they represent. He rejects every vestige of their philosophy.

Parents must first sell themselves. If they are not worthy of respect, then neither is their country, their morals, their governments, their religion or any of their values. This becomes the "generation gap" at its most basic level.

*These questions and answers are excerpted from the book **Dr. Dobson Answers Your Questions**. Dr. James Dobson is a psychologist, author and president of **Focus on the Family**, a nonprofit organization dedicated to the preservation of the home. Correspondence to Dr. Dobson should be addressed to: Focus on the Family, P.O. Box 444, Colorado Springs, CO 80903 (c), 1982, Tyndale House Publishers, Inc.*

This feature brought to you by  
the family oriented Wayne Dairy Queen  
Listen to Dr. Dobson on KTCH Radio daily.  
KTCH FM 12:30 p.m. Monday through Friday  
KTCH AM 9:30 p.m. Monday through Friday, 9 a.m. Sunday

### Bridal Shower

Wendi Wiese

The Roger Wiese family members held a Handyman/Household Couple's shower in the home of the bride-to-be's parents, Les and Nancy Wiese near Holstein, Iowa. It was held on Aug. 31 at noon to honor Wendy Wiese and Layne Johnson, son of Marlen and Suzie Johnson of Concord.

Following the barbecue meal, gifts were opened, skeet shooting and visiting was held. The 1995 Fiesta Bowl video was shown and birthday cake and ice cream were served in honor of Layne's birthday.

Attending from this area were Marlen and Suzie Johnson of Concord and Pam and Brooke Anderson of Wayne.

The couple, both of Sioux City, Iowa, will be married at the Cornerstone Faith Center in Sioux City on Saturday, Oct. 12.

### Area Moms' group to meet

The Wayne Area Moms' will meet on Thursday, Sept. 19 at the First United Methodist Church in Wayne.

The meeting will be from 9:30 to 11 a.m.

Madge Bruttitt will present "A Family Cup Program" using several cups that help describe us. Moms are invited to bring a cup that describes them in some way or just enjoy the program.

Moms' Group meets the third Thursday of each month, September through April, except for December when the group meets the second Thursday.

Meetings are held at the First United Methodist Church at 516 N. Main Street.

Child care is provided in the church nursery for a fee of \$3 for a child two years old or younger and \$2 for a child over two. There is a \$1 charge for each additional child.

This is the 16th year that the Moms Group has met in Wayne. The group was created around the goal of meeting the needs of Moms-mothers of preschoolers, moms-to-be and anyone else who cares to join. Although the meetings are designed to be a place where moms can share, cry or stomp their feet if need be, the emphasis is place upon looking at what a vital and beautiful role God has planned for them.

New members and guest are always welcome and encouraged to attend. There are no dues, but small contributions to the coffee/supply fund would be accepted.

For additional information on this month's program, contact Madge at 375-5171.

## St. Mary's is setting for Aug. 16 wedding

St. Mary's Catholic Church in Wayne was the setting for the Aug. 16, 1996 wedding of Melanie Shaw of Orchard and Douglas French of Dixon.

The Rev. Donald Cleary officiated at the ceremony.



Mr. and Mrs. French

Parents of the couple are Duane and Angela Shaw of Orchard and Darrell and Dorothy French of Carroll.

Grandparents of the couple are Marvin and Maxine Haswell of Orchard, Pearle Shaw of Orchard,

Joe and Irene Lakner of Mapleton, Iowa, Mary Schmale of Emerson and Elva Haswell of Tucson, Ariz.

Music was provided by Mary French, soloist, of Carroll and May Ann Wemhoff, organist, of Pender.

April Pearson of Norfolk was Matron of Honor. Bridesmaids were Kristy Schmale of Carroll, Andrea Haswell of Centerville, Ind., Diane French of Wayne and Kim Sorensen of Peoria, Ariz.

The best man was David French of Carroll. Groomsmen were Len Schmale and Ed Schmale, both of Carroll, Mike Zach of Winside, Gabe Weaver of Merville, Iowa.

The flower girls were Amanda Schmale of Carroll and Jessica Haswell of Peoria, Ariz.

Ring bearers were Austin Schmale and Zachary Johnson, both of Carroll.

Guests were ushered by Tim Pearson of Norfolk, Owen Shaw of Orchard, Cameron Shelton of Hoskins and Trevor Hartman of Winside.

A reception was held Carroll Auditorium following the ceremony.

Kathy Johnson of Carroll attended the guest book.

Todd and Mary Jenkins of Carroll and Jerome and Joanie Settles of Hoskins were the hosts.

After a wedding trip to Disney World in Orlando, Fla., the couple will reside near Dixon.

The bride attends Wayne State College and is employed by Helping Hands Childcare in Norfolk.

The groom, who is a graduate of Northeast Community College, is a manager of Con-Rel, Inc. in Dixon.

## Play Bankroll at Quality Food Center!



Above, Ronald & Rhonda Sebade accept from Jeff Stratton, Asst. Manager QFC. Next drawing will be Saturday, September 14, for \$200.  
**\$800**  
Be sure to get your card punched.



## Jeanné's at the Haskell House

is Proud to Announce the Winners of our Tailgate Raffle.

- Wayne State Sweatshirt... Jane Ahmann, Wayne, NE
- Wayne State Autograph Football... Loren Carr, Allen, NE
- 2 WSC Football Season Passes... Wes Ratcliff, Sioux City, IA
- 2 UNL Football Tickets - Nebraska VS Colorado... Lori Utemark, Wakefield, NE

Congratulations to our Winners!!  
Hope you all had a great time!!

320 Johnson Street Wakefield, Nebraska  
402/281-5581 1-800-281-5460

VALUE BOOKS  
NOW ON  
SALE  
**ONLY \$5**  
VALUED OVER \$18

# Tips are given for a positive attitude

Our outlook on life may have vast repercussions. Research shows that most illnesses, including headaches, backaches, heart disease and digestive ailments, can be caused or influenced by our feelings. A positive attitude will help you work better too. Optimism gives you energy and enthusiasm. Next time you feel down and ready to give in to the "blues," remember the following tips:

1. Don't take everything so seriously. There are few problems that have truly monumental consequences.

2. Try to see the positive aspects of problems. You can find a bright side in almost every situation — if you look hard enough.

3. Smile. It's easier than frowning, which requires 78 muscles. A smile uses only 14.

4. Learn to accept situations over which you have no control. It can be frustrating to see a problem that needs fixing, but sometimes it is either inappropriate or simply impossible for you to help.

5. Be satisfied with results once you've done your best. You can't do any better, so don't focus on your



Cooperative Extension  
Sally Ebmeier  
Cedar County

limitations.  
6. Be part of the solution. It's more challenging — and inspiring.

to try to fix problems than just to point them out and dwell on them.

7. Take time to reward yourself. You deserve appreciation from yourself, as well as from others.

8. Expect the best, not the worst both of people and situations.

9. Appreciate the good things that happen. Stop focusing on what is lacking in your life. Count your blessings, not your troubles.

It's not always easy to maintain a positive attitude. Like most things, it requires work. But the results are worth it!

Source: Child Care Outreach, March, 1994.

## Engagements



Depperman-Petersen

Connie Depperman and Jeff Petersen, both of Wayne, are planning an Oct. 5, 1996 wedding at Emmaus Lutheran Church in Kennard.

Reverend Chris Kester-Beyer will officiate at the 6 p.m. ceremony.

Following the ceremony, a reception will be held in the Frank Rybin Building at the Washington County Fairgrounds.

The bride-to-be is the daughter of Robert and Barb Depperman of Kennard. She is a 1995 graduate of Arlington High School and is currently a sophomore majoring in Psychology at Wayne State College.

Her fiance is the son of Dennis and Julia Petersen of Norfolk, he is a 1991 graduate of Norfolk High School and will graduate from Wayne State College in December with a degree in history. He is presently a Voc Rehab representative of R Way in Wayne.



Krohn-Murphy

Angela Krohn and John Murphy, both of Urbandale, Iowa, are planning an Oct. 19, 1996 wedding at First United Methodist Church in Wayne.

The bride-to-be is the daughter of Edward and Yvonne Jakob of Columbus and Lee Krohn of Norfolk. She is a 1990 graduate of Columbus High School and a 1994 graduate of Wayne State College. Currently she is employed by Blue Cross and Blue Shield of Iowa as an auditor.

Her fiance is the son of Kenneth and Julie Murphy of Wayne. He is a 1992 graduate of Wayne High School and a 1996 graduate of Wayne State College. He is presently employed by R.L. Polk & Co. as a sales representative.

## Kirby-Anderson

Geneva Norris of Omaha and Claribel Anderson of South Sioux City announce the forthcoming wedding of their children, Diane Kirby and Jeffrey A. Anderson.

The couple will be married Sept. 20, 1996 at Trinity Lutheran Church in Glenwood, Iowa.

Cards may be sent to 901 Third Street, Glenwood, Iowa, 51534.

## Briefly Speaking

### Bridge is played at Country Club

WAYNE — Nine tables of bridge were played following the Wayne Country Club ladies luncheon held Sept. 10, with 39 attending. Hostesses were Bonnie Lund and Marjorie Armstrong.

Winners last week were Marian Hubble, high and Erna Sals, second high. Guests were Karla Hix and Gloria Tolles.

Hostesses next week are Leah Jeanne Miller and Clara Sullivan. For reservations call 375-5474 or 375-3138.

### Central Social Club starts new year

WAYNE — Central Social Club held its first meeting of the season at the Rose Sedivy home. Six members answered roll call with a memory of the county fair. New club books were handed out. Cards were played.

Next meeting will be on Oct. 1 at 2 p.m. with Verdelle Reeg.

### Pitch played at Hillside Club

WAYNE — Hillside Club met Sept. 3 at the Dorothy Groner home. She called the meeting to order. Seven members and one guest, Martha Svoboda, answered roll call with a bad habit of yours you'd like to break?

The birthday song was sung for Lydia Thomsen and Roberta Oswald. Ten point pitch was played and prizes were awarded.

Next meeting will be with Ellaine Vahikamp on Oct. 1 at 1:30 p.m.

## United Way kick off to be held on Sept. 27

The Wayne United Way will kick off its 1996-97 fund drive on Friday, Sept. 27 at the Chamber Coffee to be held at the Carriage House in the Mineshaft Mall.

The event will begin at 10 a.m. and will be hosted by the United Way board of Directors.

Nearly all of the money raised by the fund drive remains in Wayne and benefits all age groups of people including the Senior Center, the city recreation department and many youth organizations.

The Board of Directors is headed by Darrell Miller, president. Other members include Joan Lage, Miron Jeness, Carmen Tilgner, Mary Kranz, Marge Reeg, Duane Blumenkamp, Don Buryanek, Dave

Lebsack, Maribeth Stodola, Paula Schwanen and Bonnie Scranton.

Marge Reeg is chair person of the residential drive which will start about one week after the business drive.

"Many volunteers will be needed to go throughout the residential area to call on people. Please volunteer to give a few hours of your time to your community. It is hoped that each person will have only 10-15 names to call on," said Carmen Tilgner, publicity person for the drive.

"The board challenges the community to raise the goal of \$27,500 for the 1996-97 drive and is confident that it will be met," Mrs. Tilgner added.

SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART

# Health Mart Brand SAVINGS

Rights reserved to limit quantities

### COMPARE TO THE NATIONAL BRANDS AND SAVE \$\$\$

**HEALTH MART EXTRA STRENGTH PAIN RELIEVER**  
Without Aspirin  
Tablets 100's

**3.99**  
Compare to Tylenol

**HEALTH MART Antacid/Antigas**  
Plus Simethicone  
Liquid 12 oz

**1.99**  
Compare to Mylanta

**HEALTH MART VITAMIN E**  
400 IU Softgels  
100's

**4.29**  
Compare & Save

**HEALTH MART DIPHEDRYL**  
Complete Allergy Medication  
Antihistamine Capsules 48's

**4.39**  
Compare to Benadryl

**HEALTH MART VITAMIN C**  
500 mg Tablets  
250's

**4.99**  
Compare & Save

**HEALTH MART STOOL SOFTENER**  
100 mg Capsules  
60's

**1.99**  
Compare to Colace

**HEALTH MART NATURAL FIBER LAXATIVE**  
Original  
48 Doses

**3.99**  
Compare to Metamucil

**HEALTH MART IBUPROFEN TABLETS**  
Pain Reliever  
Fever Reducer  
200 mg 24's

**1.69**  
Compare to Advil

**HEALTH MART VITAMIN B-100**  
Timed Release  
Natural Tablets  
60's

**6.99**  
Compare & Save

**HEALTH MART GAUZE BANDAGE**  
2" x 2 Yards  
1 ROLL

**1.49**  
Compare to J&J

**HEALTH MART FLU, COLD & COUGH MEDICINE**  
6 Packets

**2.49**  
Compare to Thera-Flu

**HEALTH MART MAXIMUM STRENGTH ASPIRIN**  
Coated Tablets  
100's

**3.49**  
Compare to Bayer

**HEALTH MART ANTACID SUSPENSION**  
Mint Flavored  
Liquid 26 oz

**3.49**  
Compare to Maltin

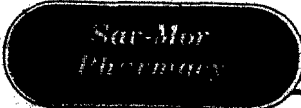
**HEALTH MART Maximum Strength NON-ASPIRIN ALLERGY SINUS Solid Gelscaps**  
24's

**3.29**  
Compare to Tylenol

**HEALTH MART SHEEN BANDAGES**  
Sterile Extra Large 10's

**1.49**  
Compare to 3M

Health Mart Brand products are made to the same specifications as national brands.



1022 Main St.  
Wayne, NE 68787  
(402) 375-1444



SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART

SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART SAV-MOR/HEALTH-MART

## Senior Calendar

- (Week of Sept. 16-20)
- Monday: Cards and quilting
- Tuesday: VCR film and pop com, 1 p.m.
- Wednesday: Potluck, blood pressure, 9:12; lunch & learn with Kris, 12:30; Jay and Cyril to play; Pat Roberts to speak, 4 p.m.; Trip to Indiana, 1 p.m.
- Thursday: Christmas crafts with Neva, 1 p.m.
- Friday: Wear red day, card party. Laurel Senior Citizens are guests.

## Carroll News

**LEGION AUXILIARY**  
The Carroll American Legion Auxiliary will meet on Sept. 24 at the Heritage Hall home.

**TOWN AND COUNTRY**  
The Carroll Town and Country Club met Sept. 3 at the Sharon Olson home.

Ruth Paulsen, president, conducted the meeting. The club gave two \$5 awards for the Wayne County Fair. Four members helped on entry day.

Election of officers was held. Elected for a two year term were Linda Monk, president; Mary Davis, vice president; and Betty Morris, secretary.

Eight members answered roll call with a favorite bird. Sharon Olson led the lesson on backyards for wildlife and family enjoyment. October and November is the time to begin bird feeding and continue until spring. A video was also shown.

The club meets in October with Dorothy Isom as hostess.

**PRESBYTERIAN WOMEN**  
Moderator Jacquelyn Owens opened the business meeting of the Presbyterian Women with prayer on Sept. 4 at the church. Nine members answered roll call and Dorothy Shetler of Thief River Falls, Minn. was a guest.

A thank you from Joyce Niemann was read. The fall meeting of Presbyterian Women at Calvin Crest on Oct. 9 was discussed.

Election of 1997 officers will be held at the next meeting. Nominating committee is Eleanor Owens; Janice Morris and Joan Owens.

Eleanor Owens presented Bible study lesson #7, "Glimpses of Inheritors of the Crown."

Dorothy Rees, assisted by her granddaughter Katie Stoltenberg, presented each member with a red rose in observance of "Good Neighbor Day."

Meeting closed with singing "Jesus Shall Reign," accompanied by Tillie Jones and a prayer. Charlene Jones served lunch.

Next meeting will be Sept. 18 with Marcie Jones as hostess. Jacquelyn Owens will have devotions.

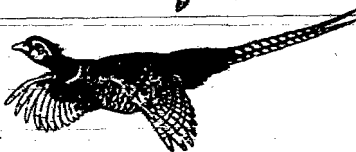








# Classified



## HELP WANTED

**TECHNICIAN NEEDED** in Plumbing & HVAC Business. Apply on person at Charles Refrigeration, 311 Main - Wayne. 9/5/14

**1000'S POSSIBLE** Reading Books. Part Time. At Home. Toll Free 1-800-898-9778 Ext. R-3729 for listings. 8/29/14

**1000'S POSSIBLE** Typing. Part time. At home. Toll free 1-800-898-9778 Ext. T-3729 for listings. 8/29/14

**WE NEED MORE PEOPLE TO BECOME SUCCESSFUL.** International nutrition organization is expanding it's team of independent representatives. No start up costs. Low overhead. Work from home. Training Provided 32 countries. 16 years experience. We can always use more help. Call 217-283-5687. 9/5/12

**HELP WANTED:** Truck driver needed for Semi to haul grain locally thru harvest with different possibilities afterwards. We run well maintained, sharp equipment. If interested call 800-900-2206 - Days, or 402-385-2174. 9/5/12

**ESU #1 IS** seeking a full-time teacher assistant for a Behavioral Disorder program in Wayne, NE. Call 402-287-2061 to request an application form. Position open until filled. 9/5/12

**HELP WANTED:** Housekeeping positions open, morning hours. Apply at KD Inn, 311 E 7th, Wayne. 9/5/12

**IMMEDIATE OPENING:** Farmer's Co-op. Allen has a feed truck driver position open. Call 402-635-2312 ask for Jeff or 402-495-5165 ask for Bill. 9/12/12

**HELP WANTED:** Assistant manager in a very clean and modern 600 sow farrow to feeder pig unit. Must be very dependable. Experience desired by will train right person. Responsibilities include working in breeding and nursery. Competitive wage, bonus, vacation, family health insurance. Work every third weekend. House available if needed. Applications kept confidential. Call 402-529-6334 days 402-529-3255 evenings. 9/12/13

**HELP WANTED:** Assistant Manager position - Computer experience helpful, but will train. Send letter of application to Wayne Herald, P.O. Box 70 Dept. A, Wayne, NE 68787. 9/12/13

## YOUTH ACTIVITY COORDINATOR

Energetic, self-motivated, creative individual to be program coordinator for Wayne/Dixon County Youth and Families Coalition's juvenile crime prevention grant. Person will work with the School-Community Intervention Teams, Drug Free Youth Groups, law enforcement, agencies and volunteers in Wayne and Dixon counties. **Responsibilities:** Organizing youth activities and events for communities in Wayne and Dixon counties. Provide educational and prevention oriented programs for youth and parents. Assist with building collaborative programs, communications and promotions. **Requirements:** Competency in communication, community development, computer and organizational skills. Prefer a 4-year degree in Human Services or related field, previous grant writing and reporting skills. Letter of interest and resume to: LeRoy Janssen, Wayne County Sheriff, 510 Pearl, Wayne, NE 68787 by 9/17/96.

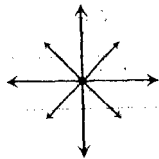
## REGION IV IS HIRING

Positions are open immediately for part-time Residential Assistants and ADC Instructors. Successful applicants will work with children and/or adults who have learning disabilities, teaching skills needed to reach personal goals such as holding a job, living on one's own and becoming an integrated member of the community.

Instructor: two positions are available — one is Tuesday/Thursday 9-4, the other is Monday-Friday every afternoon. Work is with adults. Pay: \$5.87 per hour.

Residential Assistant: several positions are available; shifts include awake overnights (any day of the week) and shifts during the day on Saturdays and/or Sundays. Work can be with children or adults. Pay: \$6.12 per hour.

All applicants must be at least 18 year olds with a high school diploma or GED whose driving record is good and can lift up to 75 pounds. No experience necessary; Region IV will provide extensive paid training. Full time positions may become available as vacancies occur; part-time employees with distinguished records will receive first consideration for these positions. Apply in person at:



Region IV Services  
209 1/2 S. Main St.  
P.O. Box 97  
Wayne, NE 68787  
(402) 375-4884

Region IV is an equal opportunity employer.

## GREAT POSITION WE TRAIN YOU!!!!

Sioux City firm is looking for a highly motivated person with a mechanical aptitude to serve as an office machine technician in the Wayne area. Please call Paul at 712-277-8218

Executive Copy Systems  
925 Pierce Street  
Sioux City, IA 51101

## OPPORTUNITY FOR INCOME

Adult or youth wanted to deliver the Norfolk Daily News, Monday through Saturday afternoons. Three routes available immediately!  
Route 1328, 23 papers, \$38.00 monthly profit  
College area, minimal collections  
Route 1329, 43 papers, \$71.00 monthly profit  
Southwest corner of Wayne, no collections  
Route 1335, 28 papers, \$46.00 monthly profit  
Northwest corner of Wayne, no collections  
For information call 1-800-672-8351  
Ask for Circulation Department.

## BOOKKEEPING RECEPTIONIST POSITION AVAILABLE

Full or part time. Associate degree beneficial. People skills required.  
Send Resume To:  
**ARNIE'S FORD MERCURY**  
Box 390 • Wayne, NE 68787

## BIG RED FARM LAB ASSISTANT

The M. G. Waldbaum Company is currently accepting applications for a Farm Lab Assistant at Big Red Farms.

This individual's primary responsibilities would be media preparation, cleaning, general lab maintenance, collection of samples, and basic culture work. The ideal candidate must be hard working, willing to learn, have good communication skills and be detail-oriented. No previous lab experience required.

We provide a number of benefits to regular, full-time employees including, but not limited to:

- Medical Coverage
- Dental Coverage
- Paid Vacations/Holidays
- Company Matched 401(k)
- Tuition Reimbursement Plan
- Advancement Potential!

For immediate consideration, applicants may apply at our office or send their resume to:

M. G. Waldbaum Company  
Human Resources Department  
105 North Main Street  
Wakefield, NE 68784  
EOE/AA

**M. G. WALDBAUM**  
Company  
105 Main Street  
Wakefield, Nebraska 68784

## PRODUCTION/GENERAL SHOP OPENINGS

Seasonal/Temporary  
Projected duration to Spring 1997  
Valmont Irrigation, the world leader in mechanized irrigation systems manufacturing has immediate openings for Production/General Shop Workers. Major work areas are:

**Galvanizing & Fabrication**  
Valmont offers a starting rate for Production employees of \$8.39/hr. plus gainsharing. Evening shift (3pm-11pm) & midnight shift (11pm-7am) offer a \$30/hr shift differential. Job posting also available for temporary employees. Only nonsmokers will be considered. We also have openings for WELDERS and GEARBOX MACHINE OPERATORS.

For consideration, please contact the Nebraska Job Service to complete an application, apply in person at our Plant Employment Office or call for an application to be mailed to you.  
402-359-6017 (24 hour line)

Valmont Irrigation  
West Hwy 275, Valley, NE 68064-0358  
Valmont Industries, Inc. is an Equal Opportunity Employer & we take affirmative action in our recruitment of Women, Minorities, the Disabled & Veterans

## WELDERS

Immediate Full-time Openings and Seasonal/Temporary Openings  
Projected duration to Spring 1997  
You will work in a team based environment involving small parts, pipe, & robotic welding. Full-time openings require previous production welding experience. Openings are available on the evening (3pm-11pm) or midnight shifts (11pm-7am). Temporary Welder employees will receive a starting rate of \$10.30/hour & a shift differential of \$30/hr. Job posting also available for temporary employees.

**GEARBOX MACHINE OPERATORS**  
Qualified individuals will perform multiple duties including CNC work, milling, boring, hubbing, welding, sawing, assembly & painting. We require a minimum of 2 years experience involving machine & boring operations. Openings are on the evening shift (3pm-11pm). Valmont offers full-time employees an excellent total compensation program with a starting rate of \$11.29/hr & comprehensive benefits including 401(k) & gainsharing opportunities. We also offer skill development opportunities up to \$13.46/hr. Only nonsmokers will be considered. We also have Production/General Shop openings available. For consideration, contact the Nebraska Job Service to complete an application, apply in person at our Plant Employment Office or call for an application to be mailed to you.  
402-359-6017 (24 hour line)

Valmont Irrigation  
West Hwy 275, Valley, NE 68064-0358  
(Just 15 miles west of Omaha)  
Valmont Industries, Inc. is an equal opportunity employer & we take affirmative action in our recruitment of women, minorities, the disabled & veterans

# Business & Professional Directory

## ACCOUNTING INSURANCE SERVICES

**Certified Public Accountant**  
**Max Kathol and Associates P.C.**  
104 West Second Wayne  
375-4718

**Northeast Nebraska Insurance Agency**  
111 West Third St. Wayne, 375-2696  
•Auto •Home •Life  
•Health •Farm  
Serving the needs of Nebraskans for over 50 years  
Independent Agent

**MORRIS MACHINE & WELDING, INC.**  
115 Clark Street  
Wayne, Nebraska  
375-2055

## CONSTRUCTION

**OTTE CONSTRUCTION COMPANY**  
•General Contractor  
•Commercial •Residential  
•Farm •Remodeling  
East Highway 35  
Wayne, NE  
Telephone: 375-2180

## PLUMBING

**Spethman Plumbing**  
Wayne, Nebraska  
**Jim Spethman**  
375-4499

## WHITE HORSE Shoe Repair & Sinclair Gas

502 Main St. - 375-5421  
Bring your oil & filter...we will change it for \$5.99  
•Shoe Repair  
•Leather Work  
•Men's or Women's Heels  
•Same Day Service

## INSURANCE

**Complete Insurance Services**  
•Auto •Home •Life  
•Farm •Business •Crop  
**First National Insurance Agency**  
Gary Boehle - Steve Muir  
303 Main - Wayne 375-2511

## REAL ESTATE

Experience  
+Service  
+Knowledge  
**Results!**  
Call Anne Nolte Today  
STOLTENBERG PARTNERS  
375-1262 • 375-3376(hm)

## 16 point oil change & lube only \$21.99 plus tax

**Tires:**  
BF Goodrich Michelin  
Unroyal Dura Delta Teco  
Firestone Dunlop Kelly  
**"We are your Full Service Mechanics"**  
**The Pit STOP**  
No appointment needed  
Stop in or call today  
111 Logan • 375-3030

## VEHICLES

**YAMAHA**  
•Kawasaki  
Let the good times roll  
**HONDA**  
Come ride with us.  
•Motor Cycles •Jet Skis  
•Snow Mobiles  
**B & B Cycle**  
South Hwy 81 Norfolk, NE  
Telephone: 371-9151

**Rusty Parker**  
118 West Third St.  
Wayne, NE 68787  
Bus: 402-375-3470  
Res: 402-375-1193  
**State Farm Insurance Co.**

•Farm Sales  
•Home Sales  
•Farm Management  
**MIDWEST Land Co.**  
206 Main Street  
Wayne, NE  
375-3385

**KEITH JECH Insurance Agency**  
•Home •Auto •Life  
•Business •Farm  
•Health  
316 Main - Wayne, NE  
Phone 375-1429  
Police.....375-2626

**COLLECTIONS**  
•Banks  
•Merchants  
•Doctors  
•Hospitals  
•Returned Checks  
•Accounts  
**Action Credit Corporation**  
220 West 7th Street  
Wayne, NE 68787  
(402) 375-4809

**HEIKES Automotive Service**  
•Major & Minor Repairs  
•Automatic Transmission Repair  
•24 Hour Wrecker Service  
•Multi-Mile Tires  
419 Main Street Wayne  
Phone: 375-4385  
Emergency.....911

**HELP WANTED**  
Jeanne's  
at the  
Haskell House  
is now accepting applications for servers.  
Call 800-287-5460 or 287-2587 for an interview appointment.  
We offer excellent wages, great working environment and scholarship program.  
EOE

**POSITION AVAILABLE**  
Need customer oriented person to fill a full time customer service position. Office and people skills necessary. Please present resume, letter of application in person to:  
**Farmers & Merchants State Bank**  
321 Main St.  
Wayne, NE 68787

**Could You Use An Extra \$235 Per Month Working 4-5 Hours Early Sunday Mornings?**  
Must be reliable and have dependable transportation.  
Please Call Bev at 402-371-1524 and leave message.









REACHING 20,000 READERS

•HARTINGTON CEDAR COUNTY NEWS •SOUTH SIOUX CITY STAR •THE WAYNE HERALD

# LEISURE TIMES

A bi-monthly publication for Senior Citizens

September 10, 1996

Contact your local newspaper

## Dakota City Home Of Oldest Church In Nebraska

*Prayer is not asking. It is a longing of the soul.*

— Mohandas Gandhi

By Peggy Williams  
Star Editor

For 136 years, the voices of believers have murmured in prayer and lifted in song within the walls of the Emmanuel Lutheran Church in Dakota City.

Built for \$2,000 in 1860 by Augustus Haase, the building is now owned by the Dakota County Historical Society.

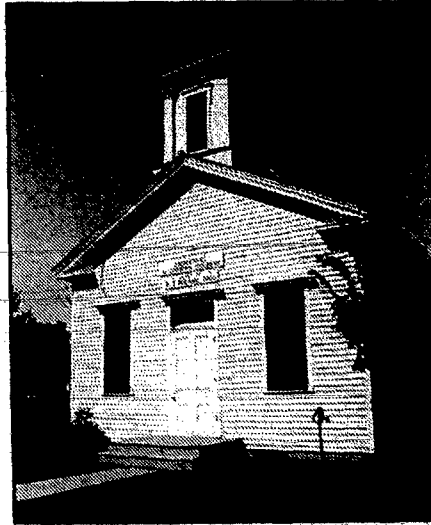
The church was constructed just nine years after Nebraska attained statehood and was in almost constant use until the 1930s, when a growing congregation prompted the construction of the Salem Lutheran Church, said Gary Sides, president of the historical society. Since then, the building has been used for various purposes, including summer Sunday tours by history buffs and, most recently, the April 20 wedding of Penny Daniels and Martin Benton.

Located at the corner of 15th

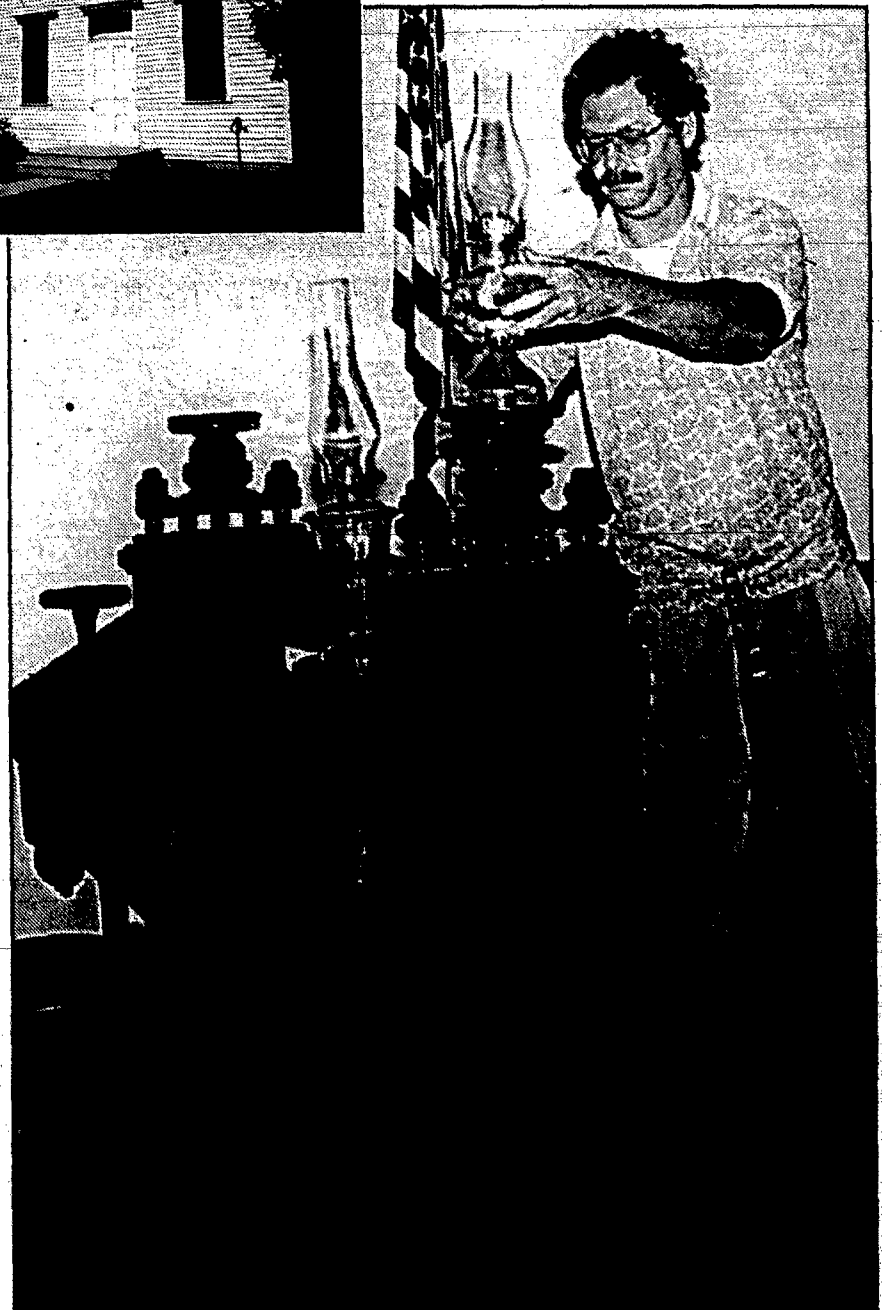
and Hickory streets, the building is stark in its appearance, especially when compared to modern-day churches. The walls are original textured white plaster, cracked now from age and the vibrations of the Terra Chemical blast a year and a half ago. Antique brass lamps hang on chains from the soaring ceiling and hard wooden benches line both sides of the center aisle, from the door at the rear to the slightly raised altar in the front.

A mahogany pump organ holds court in the front left corner and the original altar furniture gleams in the rays of the warm summer sun slanting through shuttered windows. There is no air conditioning, and when the weather is uncooperative, worshipers are issued old-fashioned fans to ward off the vapors.

But on the last Sunday of every August the place comes alive once more with visitors who attend a Vespers Service and ice cream social that follows.



*Church is only used now for annual Vespers Service each August and other special occasions such as weddings.*



Dakota County Historical Society president Gary Sides tends the beautiful antique furniture and oil lamps at the front of the Emmanuel Lutheran Church.

# Lifeline provides security

By Clara Osten  
Of the Herald

Several weeks ago Dora Claussen fell when she was getting out of bed at her home.

Thanks to a button she wears on her wrist, her son was alerted to the situation and was able to come to her assistance.

Mrs. Claussen is one of 60 persons in the Wayne area who are part of the Lifeline Program at Providence Medical Center.

The program, which has been in existence at PMC since 1982, involves a subscriber (the person wearing the button) who can receive needed help 24 hours a day at the touch of a button worn around his or her neck or on the wrist.

"The Lifeline works works on a responder system. The hospital receives the call and then in turn calls one of three friends or relatives whose names have been given to the hospital by the subscriber," said Sr. Monica, Lifeline Coordinator at PMC.

"I am well satisfied with it (Lifeline). I have had it three years and this was the first time I have had to use it," said Mrs. Claussen.

Mrs. Claussen said she initially got the Lifeline because she is alone in her home and has osteoporosis which

prohibits her from being able to walk well.

"My children also wanted me to have it so I could get help if I needed it," she said.

Sr. Monica said a number of subscribers have gotten Lifelines at the urging of their children.

"It provides security for the subscriber and for children of the subscriber, especially if they live out of town," she said.

"The Lifeline is probably used most frequently for falls, although subscribers may use it for any medical problem that leaves them unable to get to a phone to call for help," Sr. Monica added.

Several years a Lifeline subscriber was having severe leg pain and used her Lifeline to alert the hospital. She was transported to PMC and then to Sioux City where she had surgery.

"We have had 26 Lifeline calls thus far in 1996. Fortunately, most of the calls were able to be handled by the responder, with no serious injury to the subscriber," Sr. Monica said. "The Lifeline is one more way to keep people in their home."

There is an installation fee to cover the instruction given initially, plus a monthly fee. Most of PMC's units are in Wayne but residents of Wakefield, Carroll, Laurel and Dixon are also subscribers. A unit can be placed anywhere within a 25 mile radius of Wayne. A special modular phone jack is required prior to installation.

"Providence Medical Center is very grateful to the Hospital Auxiliary who has helped us financially to replace some of our outdated units," Sr. Monica said.

Anyone who is interested in obtaining a Lifeline may contact Sr. Monica at PMC.

To be able to purchase additional Lifelines for PMC, the Wayne Hospital Auxiliary will sponsor a style show on



Dora Claussen checks her Lifeline once a month by pressing the button and waiting for staff at PMC to respond.

Sunday, Sept. 15.

The show will begin at 7 p.m. at the Grand Ballroom of the Student Center on the Wayne State Campus.

Eleven area clothiers will be participating. Medical staff from PMC and their families will be modeling clothing with this year's theme "Lifeline to the Future."

"The support from the area businesses is overwhelming. We are

grateful for their support," said Sandy Bartling of Providence Medical Center Foundation.

Tickets for the style show are \$10 for Auxiliary members, \$15 for non-members and \$100 for a table of eight. They may be purchased at State National Bank, First National Bank and the Foundation Office.

For more information on the style show, call (402) 375-5529.

## No known way of preventing cataracts

by Jan Potter, M.D.

Cataracts—it can be a scary diagnosis for anyone, especially for seniors. But what if this eye condition about and what can you do if you are diagnosed with it?

Cataracts occur painlessly, usually over a long period of time, with the result being the clouding or fogging of the lens of one or both eyes. Aging, diabetes and injury to the eye are all factors which can contribute to the development of the condition. Symptoms include blurred vision, sensitivity to glare, poor night vision and a need to change eyeglass prescription strength.


There are no known ways of preventing the development of cataracts, but avoiding eye injuries and exposure to x-rays are good general recommendations. Also, wearing sunglasses to prevent prolonged, direct exposure to sunlight may be helpful.

Surgery is the only treatment option available for cataracts, but the need for an operation varies from person to person depending on lifestyle and severity of condition. Sometimes simply going to a stronger pair of glasses can be enough of a solution to improve a person's quality of life.

If surgery becomes necessary, more than 95 percent of procedures are suc-

cessful. The operation takes place on an outpatient basis and involves removing the natural lens and replacing it with a permanent lens implant. Recuperation time after surgery is only about an hour and vision improvement is complete in a few weeks.

The good news about cataracts is that while your vision may worsen, it rarely damages other parts of the eye. A good ophthalmologist can help you weigh your options and help decide what choices are right for you. Also, be comforted by the fact that cataracts are among the most treatable of all vision problems.




**IF YOU'RE OVER 50, ISN'T IT ABOUT TIME YOU GOT A BREAK ON YOUR AUTO INSURANCE...?**

**WE THINK SO.**


**N**ow there's another way for you to celebrate turning 50 — by taking advantage of ALLIED Group's Wise Driver program. It's a smart way to save money on your auto insurance. If you're a licensed driver over 50, you may qualify for up to a 20% discount on your ALLIED Group auto insurance premium.

The Wise Driver discount is just one of the reasons we recommend ALLIED Group auto insurance to our customers.

Call us today and ask how you can lower the cost of your auto insurance; you'll get answers you can trust.



ALLIED Mutual Insurance Company  
ALLIED Property and Casualty Insurance Company  
ALLIED Life Insurance Company  
Domestic Insurance Company  
One Tower, Suite 3000



**STATE NATIONAL INSURANCE AGENCY**  
112 East 2nd  
Wayne, NE 375-4888  
Marty Summerfield, Agent

## Social Security beneficiaries will be paid by direct deposit

New applicants for Social Security and Supplemental Security Income (SSI) will have their monthly benefit payment deposited directly into their bank account, according to Greg Heineman, manager of the Norfolk Social Security office.

"Beginning Aug. 1, 1996, people who apply for Social Security and Supplemental Security Income (SSI) will have the convenience of direct deposit," Heineman stated. "That policy will also apply to people who receive any federal benefit payment, federal wage, salary or retirement payment, or vendor and expense reimbursement payment."

"So when you come to apply for benefits, be sure to have your bank information with you — documents that show your financial institution and your account, such as a personal check, savings passbook or an account statement," Heineman said.

Heineman said people already on the Social Security and SSI rolls who get checks will continue to be paid by check, unless they opt to change to direct deposit. Also, new beneficiaries who don't have a bank account will be paid by check.

With direct deposit, your money is available the same day you would have received a check. The difference is your money is sent directly to your bank. Heineman cited the following

advantages to direct deposit:

- It's safer — there is no risk of theft or loss through the mail.

- It's reliable — there is an electronic record of all payments.

- It's economical — payments are credited on the scheduled payment day. A number of financial institutions have special accounts for those who use direct deposit.

- It's convenient — no worries when you are vacationing or otherwise away from home.

About 61 percent of the 43 million people who get Social Security already receive their payment by direct deposit. If the 24 million Social Security and SSI beneficiaries who now receive checks changed to direct deposit, the savings to the taxpayers would be \$9.6

million a month. The government saves 40 cents each time someone uses direct deposit instead of a check. It costs 42 cents to process and mail each check, compared to 2 cents for direct deposit.

Heineman noted that, under the law, Social Security and SSI beneficiaries who receive a check by mail will be required to switch to direct deposit by January 1999. Those who don't have a bank account at that time will have available to them special debit-only accounts at designated banks and will be paid by direct deposit.

## Care options available soon

Since Sept. 1, approximately 90 Medicaid-eligible older adults in Madison and Cedar counties are being affected by Senior Care Options.

In the coming months, when the program moves into all of the 22 counties served by the Northeast Nebraska Area Agency on Aging, an estimated 155 people will be served.

"The numbers may not be huge, but the impact will be," said Laurrie Steele, Care Management Unit supervisor and Senior Care Options coordinator at the Agency.

"The Senior Care Options program targets people who have requested that Medicaid pay for their nursing home costs. They will be evaluated to determine whether nursing home placement is appropriate or whether they might be better served by less expensive home and community based services."

"The potential for cost-savings is enormous," said Dennis Loose, director of the Nebraska Department on Aging and a member of the Nebraska Partnership for Health and Human Services Transition Policy Cabinet.

"Nursing facility expenditures account for over 30 percent of the Nebraska Medicaid Program's budget. If older adults can be diverted to less expensive home and community based

programs because of the Senior Care Options program, the end result will be money saved and older adults who are able to maintain their independence by remaining in their own homes as long as possible."

The Senior Care Options Program was formerly known as the Pre-admission Screening Program. It was first enacted during the 1993 legislative session. By June 30, 1997, the program will be in effect state-wide.

"Since the beginning, the Nebraska Departments on Aging and Social Services have collaborated to ensure its success. Because the program also calls on hospitals, nursing homes and others in the community to make it successful, it's a great example of partnership between the community and the state," said Loose.

After the initial evaluation and depending on the situation, an Options counselor may recommend that a person be admitted to a nursing home or receive home and community based services such as chore, home-delivered meals, transportation, respite or emergency response systems like LifeLines.

For more information on Senior Care Options, contact Laurrie Steele at 1-800-672-8368 or Pattie Flury at (402) 471-2306 in Lincoln or 1-800-942-7830.

## If you're 55 years of age or over —

A new checking account loaded with options.

# It's a JOY to you

### Try our Century Club

# J

ust

# O

lder

# Y

outh

NO CHARGE

- SPECIAL TRAVEL OFFERS
- FREE MOVIES & MANY OTHER ACTIVITIES
- FREE PERSONALIZED CHECKS
- CHECKING AT NO CHARGE
- TRAVELERS CHEQUES & MONEY ORDERS ISSUED AT NO CHARGE
- FREE DIRECT DEPOSIT OF SOCIAL SECURITY PENSION AND RETIREMENT CHECKS
- FREE SAFE DEPOSIT BOX
- PERIODIC NEWSLETTER
- FREE ATM CARD
- AUTOMATIC TELLER MACHINE
- FREE COPYING SERVICE
- FREE NOTARY SERVICE
- MEMBERSHIP CARD
- CHECK GUARANTEE
- FREE SAFEKEEPING OF YOUR WILL
- RETIREMENT PLANNING
- PRE-AUTHORIZED AUTOMATIC PAYMENTS
- FREE ESTATE, INSURANCE AND INVESTMENT SEMINARS

What is State National Bank and Trust Company's "Century Club"?

The Century Club is for "Very Special People" and that's what you are at State National Bank. If you are age 55 or "better," you are eligible to join in the fun. You may join by choosing one of the following methods: •A minimum balance of \$1,500 in either a Checking or Savings Account or •Certificates of Deposit valued at \$15,000.00. Existing qualified accounts are eligible. A joint account covers both husband and wife.

**SN** The State National Bank and Trust Company

402/375-1130 • P.O. Box 130 • Wayne, NE 68787-0130  
Main Bank 116 W 1st • Drive-In Bank 10th & Main  
Member FDIC

## Everything for the Home Care Patient

Respiratory Care • Wheelchairs • Walking Aids • Hospital Bed • Complete Service Department

1-800-672-0036 -- 371-6550  
 • We Bill Medicare & Insurance  
 • 24 Hour Service • Free Delivery

Serving Northeast and North Central Nebraska for Over 14 Years



## Home Health

Medical Equipment Co.  
 716 South 13th • Norfolk

## Yankton Ear, Nose and Throat



Jeffrey J. Liudahl, M.D. Todd A. Farnham, M.A., CCC-A

- Ear, Nose & Throat, Head & Neck Surgery
- Facial Plastic Surgery
- Allergy Evaluation and Treatment
- Sinus Surgery
- Clinical Diagnostic Audiology
- Hearing Evaluations (Adult and Child)
- Hearing Aid Selection, Fitting & Follow-Up
- Ear Protection Devices & Consultations

"A Thorough, Honest and Caring Approach For All Ages"

Benedictine Center - Level 6, 605-665-6820 1-800-515-6820  
 1000 W. 4th St., Suite 4 • Yankton, SD 57078



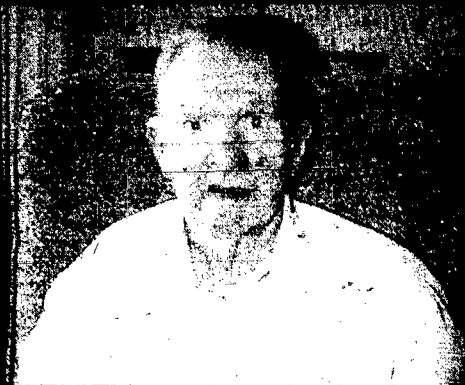
Residents at the Park View Haven Nursing Home, Coleridge, earned many ribbons at the Cedar County Fair held in July. They include (back row) George Harms, Marvin Guenther, Pat Russell-Crafts Coordinator, George Harms, LaVern Yost, Hugo Arens, Francis Anderson, Shelly Russell-Crafts Coordinator Director and Bernice Behrens; (front row) Florence Thomas, Ela Eby, Veronica Burbach, Rose Swan, and Leone Wortmann. Not pictured: Helen Kalin-Activities Assistant, Mary Promes, Dorothy Frerichs and Emma Spath.

## Residents earn ribbons at County Fair

COLERIDGE—Residents at the Park View Haven Nursing Home, Coleridge entered their crafts at the Cedar County Fair and came away well rewarded for their efforts. The residents won approximately 50 ribbons in the Open Class categories, including several purple

ribbons. A few of the entries were card baskets, wooden flowers, paper projects, table decorations, wall hangings, crocheting, placemats, quilts, afghans, wooden shelves and items made from recycled materials.

## September Resident of the Month Henry Arens



Henry Arens was born in the Hartington area and raised on a farm where he would later retire.

He married Sally Fischer on January 1, 1943. They have nine children, several grandchildren and great grandchildren.

Henry is a member of the Holy Trinity Catholic Church. He enjoys music, birthday parties and reminiscing with family and friends.

Henry came to the Hartington Nursing Center in 1994.

## Hartington Nursing Center

"Your Home Away From Home"  
 Hartington, NE 254-3905

## Bloomfield Good Samaritan Center

### Celebrates Good Samaritan Staff Recognition Month in October

Ninety-One dedicated staff provide loving care to the Residents of the Bloomfield Good Samaritan Center 24-hours a day, 365 days a year and work daily to fulfill the society's mission that "IN

**CHRIST'S LOVE, EVERYONE IS SOMEONE".**

Heartfelt appreciation is extended to each staff person for their hard work and commitment to providing quality healthcare and quality of life to the Residents who call the Center "home".

PO Box #307/300 N. Second St.  
 Correne Adams, Administrator  
 (402) 373-2531



## Retired teachers meet in Hartington

HARTINGTON--The Wayne Area Retired Teachers met at Tooties' Restaurant in Hartington Sept. 3.

Hartington author, columnist and speaker Joan Burney spoke to the group.

All Cedar, Dixon and Wayne county area retired teachers are invited to join the group. The annual dues of active and associate members shall be \$9.50 per year. (\$7.50 State dues -- \$2 WART association.)

An election was held at the Hartington meeting. New officers will be installed in November and they will take office in January.

The Nov. 5 meeting will be at the Village Inn in Allen.

Do You Have A Story Idea for Leisure Times?

Contact Your Local Newspaper NOW

The Number of Leisure Times is 100  
 Nov 6

# Assisted Living: Meeting The Needs Of The Elderly

By Jean M. Turner, RN

Coupled with longer life expectancies, the "graying of America" is driving the explosive growth of a long-term service called assisted living in the Tri-State area and across the nation.

All across the country, facility construction is at a fever pitch. Over capacity does not seem to be an immediate concern since this estimated \$16.8 billion industry is predicted to double in size, reaching \$33.1 billion by the year 2000. New York-based NatWest Securities expects industry growth to continue well into the next century as our nation ages.

U.S. Census Bureau statistics support that view. In 1994, about one in eight Americans was age 65 or older. By 2030, when the baby boom generation is well into retirement, one in five Americans will be a senior citizen.

Assisted living facilities started in this country in the mid-1980s. Modeled after similar programs for the elderly in Scandinavia, American

facilities combine housing, personal services, and light health care. Assisted living is designed to promote customer autonomy by enabling relatively healthy people to live independently in a protective, home-like setting.

"Unlike most senior housing that has been around for decades, assisted living facilities provide oversight by nursing staff and help with personal activities such as bathing, eating and dressing if needed, but they don't offer the high level of nursing care found in a nursing home," says Jean Turner, RN, Administrator/Manager of Rachel's Haven, 120 S. 13th St., Dakota City, Neb., a local assisted living facility.

About one million people live in the nation's 65,000 assisted living facilities today. A study by the American Health Care Association (AHCA) finds the "typical" individual living in an assisted living facility to be an 86-year-old ambulatory woman who can independently handle such personal activities as eating and dressing.

According to Turner, assisted living

facilities offer a variety of services to enhance the lives of seniors including: laundry, housekeeping, and meal services; transportation; and a host of social and religious activities. Amenities often include libraries; recreation rooms, sometimes with exercise equipment or pool tables; swimming pools; cafes and shops; beauty parlors; and chapels.

"Assisted living matches services for older people with their lifestyle needs and wants," says Turner, "That is why it is growing in popularity among seniors."

Choice is central to the assisted living philosophy. Customers may choose from a studio, one-bedroom, or semi-private unit averaging from 300 to 600 square feet. The size of the units, location, amenities, and services offered by a facility determine the cost. Recent industry reports show that assisted living ranges from \$900 to \$3,800 per month, but average from \$995 to \$1,693 per month, depending on the facility's design and the amenities offered. While the amount of time spent living in an assisted

living facility varies widely depending on the individual's circumstances, a new survey by AHCA found the average length of stay is 34 months.

Assisted living facilities like Rachel's Haven of Dakota City are designed to meet the needs of an aging population that increasingly seeks long-term care in a more homelike environment that can provide residents with dignity, independence, and choice in retirement, Turner says.

A free assisted living consumer guide is available from the American Health Care Association. Send a stamped, self-addressed, business-size envelope to "Assisted Living Guide," American Health Care Association, 1201 L Street NW, Washington, DC 20005.

Rachel's Haven is nestled in the quiet rural community of Dakota City with doctors, hospitals, churches and pharmacies conveniently located nearby. Their qualified staff is available 24 hours per day to meet the special needs and emergencies of residents.

You deserve the Best!!

## Ultimate Checking

Just a few of the benefits you can enjoy...

### Ultimate Checking

- \* Interest on all balances.
- \* No service fees with a \$100 minimum balance
- \* Unlimited check writing

### Ultimate II Checking

also includes:

- \* No Minimum Balance.
- \* Free Personalized Checks
- \* Medical Emergency Data Card
- \*\*all this and more for just \$5.00/month membership fee

### Ultimate VIP Checking

For those 50 or better...

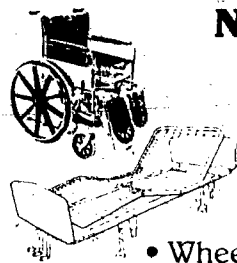
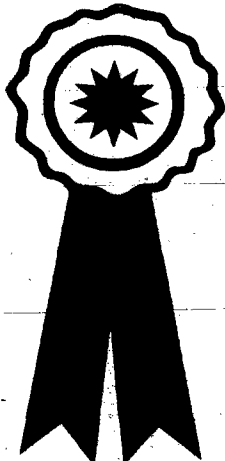
Get the Ultimate II at a super-low \$3.00/month membership fee

**Nebraska**  
S T A T E B A N K

2021 Dakota Avenue  
South Sioux City, NE 68778  
PH. (402) 494-4225

4th & Main Street  
Wakefield, NE  
PH. (402) 287-2082

Member F.D.I.C.



### Need Hospital Equipment For Home Use?

**SUNMARK.**

- Wheel Chairs • Walkers
- Commodes • Hospital Beds
- Oxygen • Many other Home Health Aids

\*\*\*\*\*  
**AMERICAN**

**HOME HEALTH CARE CO.**  
501 Pearl • Sioux City, IA

Medicare & Medicaid Approved  
Free Billing & Delivery

"Locally Owned"  
277-2273 or  
1-800-217-2275

## We Salute National Assisted Living Week September 8th thru September 14th

**Rachel's Haven**

"HOMESTYLE"

Assisted Living For the Frail Elderly.

*A Superior Quality of Life*

Accepting Referrals and Applications Call 402-987-2591

Jean M. Turner, RN • Administrator/Manager

120 South 13th Street • Dakota City, Nebraska 68731

# Collins is at home with his eclectic collection of words, books

By Sally Schroeder  
Cedar County News

COLERIDGE - Avid reader, collector of books, storyteller, published poet.

With a collection of 5,000 books catalogued, and another 2,000 that aren't, there is no better basis for erudition.

Dick Collins of Coleridge, said his literary knowledge came from reading all his life. As a child, he began reading Zane Gray.

"When I read, I become consumed by the text, getting right into the book, and living there," said Coleridge's literary genius.

"When I had my heart attack in 1979, my wife bought me a computer to help get me over my depression. As I typed my thoughts out, and could see the words on the screen in front of me, it all became very real," said Collins.

Collins, whose family had a long time acquaintance with famous Nebraska author, John Niehardt, said he deeply respected Niehardt for his profound thoughts.

"The Great Poet", Niehardt, had a fantastic intellect, who a guy like me could appreciate, said Collins.

Niehardt believed that a mystic person living inside you is the one that helps you do things, Collins said.

Collins lives by Niehardt's philosophical saying: "Our subconscious dreams from within are more accurate than our day-

time dreams."

Collins said his gift for writing is helped by this mystic brother.

"An intellectual is not an extremely intelligent person, but an intellectual is a person with a huge appetite for knowledge," said Collins

Collins said reading Niehardt's books can be a difficult endeavor, unless they are read in proper sequence.

"Luckily, I read them in the proper order, and was able to enjoy and comprehend the works of the great mind," said Collins.

Serving on the Board of Di-

rectors for the Niehardt Foundation, I felt compelled to write a poem about each character I was amongst," said the writer.

Love of Native American culture and history has led Collins into deep sole searching, and huge beliefs on the power of Mother Earth.

"I am very interested in the culture that doesn't need keys and locks," said Collins.

As a boy, Collins said he used to listen to the 'old long hairs' tell great stories about their heritage.

"Their long hair was a tribute to their forbearers, and a symbol of their culture," Collins added.

Collins said he resents materialism, and feels it causes bigger problems today. "The Indians were aware and compatible with their surroundings, and I feel very comfortable with that," said Collins.

His love for nature is reflected in his only published poem, "An Altar in the Sun".

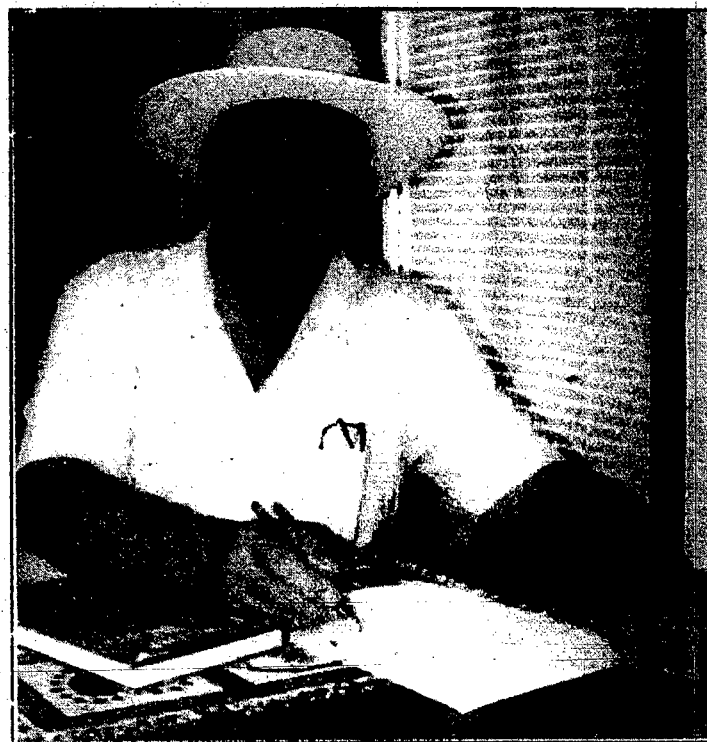
This poem is in direct relation to Mother Earth's

power. Any canyon made by nature is an altar of the sun, said Collins. Mother nature, and the Great Spirit, our God, function together.

The poem only received honorable mention in competition, upsetting the poet's expectations.

"I felt this had everything I was about in it, and it deserved better," said the scholar.

The publication did not hurt the poet's productivity since he currently has 88 others documented on the computer.



**Poet**  
By Richard L. Collins  
A misfit spirit, lives in our town  
Strange as a coot's erie sad sound  
Marching yet dreaming, to a different drum beat  
Spelling life's songs, for an eternity to repeat  
Songs without music, no cord to refrain  
Ballads of life's cadence, hard to attain  
Try as you may, to penetrate the profound  
Smiles of your peers you see all around  
Tell a quaint tale, a haw haw you get  
Quote a few poems - the man with a net  
Chance meet on the street, any old day  
Forgive no reponse, of a mind far away  
Aware of most spirits, cosmic and real  
Food for a poet, and eternity to spiel.

rectors for the Niehardt Foundation has allowed Collins to meet some very talented writers.

Ten years ago, Collins took part in a canoe trip with members associated with the Niehardt Foundation.

It was during those trips that Collins' poetry began to evolve to where he has gone with it today. Today, Collins is most famous for his gift of being able to write poetry.

"We were such a mixed bag of crazies, everybody was a

Collins' wife, Myrna, said family members have intentions of eventually putting the collection into a book.

Collins said he realizes his gift makes him a unique person among others. So much so, he wrote a poem about being taken away by a man with a butterfly net.

"If a man tells a funny story, he's a good old boy, but if you begin to spout out poetry, they want to call the man with the net," said Collins.

Collins poetry is only a fragment of what the man is all about, since his collections of coins, scrimshaw, Indian artifacts, steins and all kinds of sports cards are endless.

"I cannot create anything with my own two hands, but the enjoyment I get from other people's abilities amazes me," said Collins.

"Our responsibilities are to share our gifts and talents with others. If you don't, there's no reason to be here," said the poet.

The 67-year-old retired mechanic now lives in a modest Coleridge home. He says one of his biggest joys in life is offering people the chance to use their minds and think independently.

"There are givers and takers in this world, but only givers make things work."

Collins is a man that prides himself in being a giver and sender of words and ideas.

**OUR NEW CD IS ONE HOT DOG.**

**AND IT CAN ROLL OVER, TOO!**

6.00% Interest Rate  
6.14% APY\*

*This \*annual percentage rate yield is good on an 18 MONTH Certificate of Deposit interest paid quarterly*

Minimum balance of \$2500. Penalty for early withdrawal.  
Offer accurate as of August 1, 1996.

MEMBER F.D.I.C.

**Coleridge National Bank**

283-4251 or 283-4252 COLERIDGE, NEBRASKA

**Cedar County Handi Bus**  
Daily Schedule—254-6147

Day	Place	Day	Place	Day	Place	Day	Place
Sept. 3-	OPEN DAY	Sept. 24-	TU	Oct 16-	W	Nov 6-	OPEN DAY
Sept. 4-	W	Sept. 25-	OPEN DAY	Oct 17-	THU	Nov 7-	THU
Sept. 5-	THUR	Sept. 26-	THU	Oct 18-	N	Nov 8-	N
Sept. 6-	Y	Sept. 27-	Y	Oct 21-	Y	Nov 12-	OPEN DAY
Sept. 9-	SC	Sept. 30-	SC	Oct 22-	TU	Nov 13-	W
Sept. 10-	TU	Oct. 1-	OPEN DAY	Oct 23-	OPEN DAY	Nov 14-	THU
Sept. 11-	OPEN DAY	Oct. 2-	W	Oct 24-	THU	Nov 15-	Y
Sept. 12-	THU	Oct. 3-	THU	Oct 25-	SC	Nov 18-	SC
Sept. 13-	N	Oct. 4-	N	Oct 28-	N	Nov 19-	TU
Sept. 16-	Y	Oct. 7-	Y	Oct 29-	OPEN DAY	Nov 20-	OPEN DAY
Sept. 17-	OPEN DAY	Oct. 8-	TU	Oct 30-	W	Nov 21-	THU
Sept. 18-	W	Oct. 9-	OPEN DAY	Oct 31-	THU	Nov 22-	N
Sept. 19-	THU	Oct. 10-	THU	Nov 1-	Y	Nov 25-	Y
Sept. 20-	SC	Oct. 11-	SC	Nov 4-	SC	Nov 26-	OPEN DAY
Sept. 23-	N	Oct 15-	OPEN DAY	Nov 5-	TU	Nov 27-	W

**LEGEND:** N-Norfolk, Y-Yankton, SC-Sioux City, TU & THU-Hartington, Magnet, Randolph, Belden, Laurel, Coleridge, (Osmond for medical or hospital purposes on THU only.) W-Wynot, Obert, St. Helena, Bow Valley, Fordyce and Hartington.

Courtesy of **Bank of Hartington** FDIC



**Free D-2 Lift Chair**



When you purchase any Pride Scooter



**\$2195.00**

or

**LEGEND Shuttle**



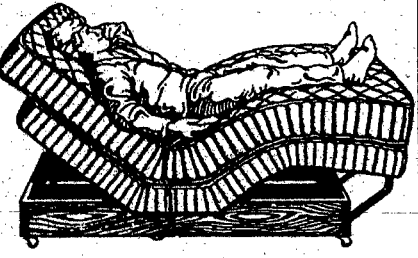
(in stock)  
**\$2495.00**

No sales tax with prescription

**RCS Home Medical & Uniforms**

1th & Park — Yankton, S.D. 605-665-1508  
2nd East Cherry, Vermillion, S.D. 605-621-1151

**Comfort Zone!**



*Eastman House*  
Life's little ups and downs can be downright exhausting. Unless, of course, you have a Eastman House Adjustable Bed.

It has luxurious cushioning in the mattress to comfort you in times of stress. And dozens of adjustable positions when you need a little lift. So do yourself a favor-get a Eastman House Adjustable Bed.

**hatch FURNITURE**

You'll Like Our Style...  
You'll Love Our Price

YANKTON, SD: 109 East Third  
605-665-4416 • 800-798-4663

SIOUX CITY, IA: 413 Pierce  
712-255-2500 • 800-383-4663

HOURS:  
Mon. 9:30-8:00  
Tues.-Fri. 9:30-5:30  
Sat. 9:30-5:00  
Sun. Noon-4  
(Sioux City only)

A FEW OF THE LITTLE THINGS YOU MIGHT MISS WITHOUT A MAMMOGRAM.

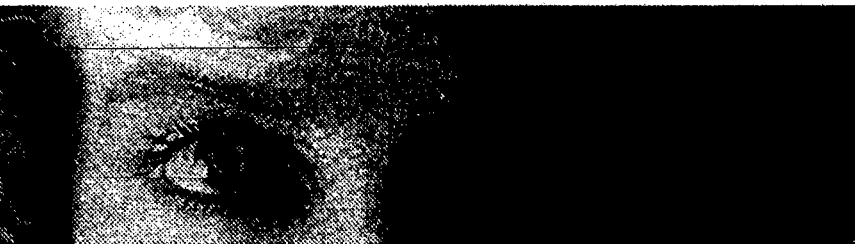


**GET A MAMMOGRAM.**

A gift to yourself. A gift to your family.

To learn more about a FREE mammogram, call 1-800-227-2345  
Every Woman Matters, a program of the Nebraska Department of Health.

**Eye Exams Were Not Created Equal.**



Thoroughness is the most important factor in eye care. And despite the claims, some eye care places skimp on thoroughness.

Long-term eye health affects your quality of life. So trust your family to eye health specialists who care. Call for an appointment today.

- State-of-the-Art Vision and Eye Health Testing
- The Cutting Edge in Eyeglass Technology and Fashion
- Every Contact Lens Type Available

\* EXCLUSIVE TWO-YEAR EYEGLASS WARRANTY  
\* DAILY, EVENING AND WEEKEND HOURS  
\* LOW MONTHLY PAYMENT OPTIONS

**Fillips EYECLINIC**

HARTINGTON 202 S. Robinson Ave. 254-2020  
CREIGHTON 810 Main Street 358-3700

"Trust the Health of Your Eyes To Us"

**Out-Patient Rehab**

Physical Therapy, Occupational Therapy & Speech Therapy

Because we are here to serve your needs, we have opened an Out-Patient Rehab Service



Our therapy is open to all ages.

**MEDICARE accepted.**

**Workman's Comp. & Private Insurance accepted.**

**Private pay.**

For appointments or questions call:  
**Hartington Nursing Center**  
401 West Darlene St., Hartington, NE 68739  
**(402) 254-3905**  
Ask for Jeff Donner or Betsy Walsh, Physical Therapist

## Good Health, Positive Attitude Makes Senior Years More Fun

It's no secret that today's seniors are more vibrant, active, interested and interesting than ever. As the American population continues to age, the "youth culture" that has been a dominant force for so long in advertising, movies, television, literature and so forth is beginning to be replaced by images of people well past their teens or twenties.

Health care, social security, age discrimination and retirement planning have become hot topics. Seniors have become a powerful social and political force, and they are using their new-found power to fight for the causes that are important to them.

The prevailing image of the senior citizen is no longer that of grandmother baking cookies for her grandchildren, or grandfather spending his days in the porch rocking chair reminiscing about the good old days. The mature years are increasingly seen as a time to begin a new, fulfilling phase of life.

Today's seniors travel, volunteer, go back to school, start new careers or open their own businesses, run for office or run in marathons, ride around the country on motorcycles or in hot air

balloons! In short, if you dreamed about doing something when you were 20 (but were prevented from pursuing your dream by career or family obligations), there's no reason you can't do it in your 70s!

If you're getting ready to retire, the idea of all this activity may seem exhausting. After giving your all in the workplace for so many years, you may think you really are ready for the rocking chair. But chances are, after a few weeks of rest and relaxation, you'll find yourself feeling bored, restless and ready for new challenges.

The key to an active, productive happy retirement is good health and a positive attitude. If you're ready to go scuba diving in the Caribbean or on a photo safari in Kenya, you have the right attitude. And studies show that good health can be achieved at any age.

Even if you've never exercised in your life, it's not too late to start a fitness program. Exercise will improve your health, your looks and your mental state. And who knows — in a year or two, you may be ready to run a marathon!



Administrator Pat Lichy, second from left, visits with residents Violet Marshall of South Sioux City, Virginia Nathlich of South Sioux City, and Loren Parks of Mowile in the outdoor gazebo.

## Alzheimer's Unit Opens

When Walker's Colonial Manor in South Sioux City Aug. 8, the community welcomes its first long-term care unit dedicated exclusively to Alzheimer's care.

"Alzheimer's disease strikes nearly half of all those over the age of 85," observes Colonial Manor administrator Pat Lichy. "With the opening of Treasure Garden, we will be able to provide the special, enriching environment that those who have this disease deserve."

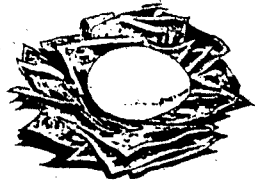
Extensive planning went into Treasure Garden, a 22-unit specialty Alzheimer's care community. Barbara Newhouse, executive director of the Big Sioux Chapter of the Alzheimer's Association, was involved with the

planning effort from the very beginning.

"This special care unit will allow Colonial Manor to create care plans and design activities that will capitalize on residents' remaining capabilities in a safe and nurturing environment," she said.

Newhouse and her staff have been involved in training the new staff members of Treasure Garden, and notes that in the past, Siouxland residents on the Nebraska side of the Missouri had to seek services in Iowa.

"Having services available in Nebraska will make it easier and more convenient for individuals and their families to choose quality care outside the home," Newhouse said.



### Is your Retirement Nest Egg keeping up with inflation and taxes?

If not, visit with Matt Lawler.

**Community  
Financial  
Services**



Located at:

Dakota County State Bank  
2101 Dakota Avenue  
South Sioux City, NE 68776  
402-494-6339

Farmers & Merchants Bank  
321 Main Street  
Wayne, NE 68787  
402-375-2043

Investment products are provided by  
**AEGON USA Securities, Inc.**  
Member NASD and SIPC.

Not FDIC Insured

No Bank Guarantee

May Lose Value

### Your Hometown Leader for Long Term Care



*We strive to provide the highest quality of life for each resident while they are living in our home!*

- ✓ Medicare Certified Skilled Care
- ✓ Specialized Rehabilitation Services
- ✓ Recreational Facilities
- ✓ Intergenerational Programming

### GREEN ACRES CARE CENTER

3501 Dakota Avenue, South Sioux City, NE • 402-494-4273

# New senior care program is now serving Cedar, Madison counties

LINCOLN — Just under 100 residents of Cedar and Madison counties can take advantage of the new Senior Care Options program.

The program began Sept. 1. It will assist approximately 90 Medicaid-eligible older adults in Madison and Cedar Counties.

In the coming months, when the program moves into all of the 22 counties served by the Northeast Nebraska Area Agency on Aging, an estimated 155 people may be served.

"The numbers may not be huge, but the impact will be," said Laurrie Steele, Care Management Unit supervisor and Senior Care Options coordinator at the Northeast Nebraska Area Agency on Aging.

"The Senior Care Options program targets people who have requested that Medicaid pay for their nursing home costs. They will be evaluated to determine whether nursing home placement is appropriate or whether they might be better served by less expensive home and community based services."

"The potential for cost-savings is enormous," said Dennis

**"...The end result will be money saved and older adults who are able to maintain their independence by remaining in their own homes as long as possible."**

**— Dennis Loose  
Neb. Dept. of Aging**

Loose, director of the Nebraska Department on Aging and a member of the Nebraska Partnership for Health and Human Services Transition Policy Cabinet.

"Nursing facility expenditures account for over 30 percent of the Nebraska Medicaid Program's budget. If older adults can be diverted to less expensive home and community based programs because of the Senior Care Options program, the end result will be money saved and older adults who are able to maintain their independence by remaining in their own homes as long as possible."

The Senior Care Options Program was formerly known as the Preadmission Screening Program.

It was first enacted during the 1993 legislative session. By June 30, 1997, the program will be in effect state-wide.

"Since the beginning, the Nebraska Departments on Aging and Social Services have collaborated to ensure its success. Because the program also calls on hospitals, nursing homes, and others in the community to make it successful, it's a great example of partnership between the community and the state," said Loose.

After the initial evaluation and depending on the situation, an Options counselor may recommend that a person be admitted to a nursing home or receive home and community based services such as chore, home-delivered meals, transportation, respite, or emergency response systems like LifeLines.

For more information about Senior Care Options, contact the Northeast Nebraska Area Agency on Aging in Norfolk, 1-800-672-8368.



Dana Leise, daughter of Steve and Brenda Leise, Hartington, introduces her grandparents Ralph and Charlotte Leise, Hartington.

## Grandparents' Day celebrated at Holy Trinity Elementary School

HARTINGTON—Grandparents' Day is annually celebrated at Holy Trinity Grade School, Hartington. Grandparents travel from miles around, sometimes over 100 to attend Mass with their grandchildren, have coffee and cookies, and visit their grandchildren in their classrooms. The kids introduce their grandparents and then they are invited to stay and participate in classroom activities for the morning during the annual event.

## Senior Reflections

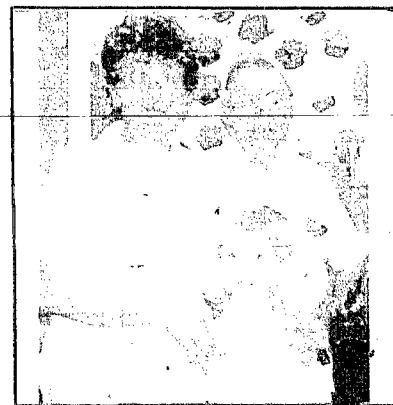
— Compiled by Peggy Year  
Cedar County News

What is special about your grandma and grandpa? (Grandparents' Day at Holy Trinity Grade School in Hartington)



"They have Poochie"

**Mark Thoene  
Holy Trinity First Grade  
Grandparents:  
Mr. and Mrs. A.G. "Dick"  
Thoene**



"She cooks really good things"

**Tyson Leise  
Holy Trinity First Grade  
Grandmother: Jolene Leise**



"Grandma gives us things, even if we say no thanks."

**Sandy Bottolfsen  
Holy Trinity Fifth Grade  
Grandmother:  
Mrs. Henry Arens**



"I like to play Superintendo at her house."

**Mitchell Schoenfelder  
Holy Trinity First Grade  
Adopted Grandmother:  
Virginia Dunn**

Sponsored by

# Schulte Drug Store

"We Specialize in the Health Care Needs of Senior Citizens"

214 N. Broadway

Hartington, NE

254-3459



## Ads knocking death benefits are misleading

Life insurance ads that criticize Social Security survivors benefits as inadequate are misleading, Social Security District Manager Greg Heineman stated today.

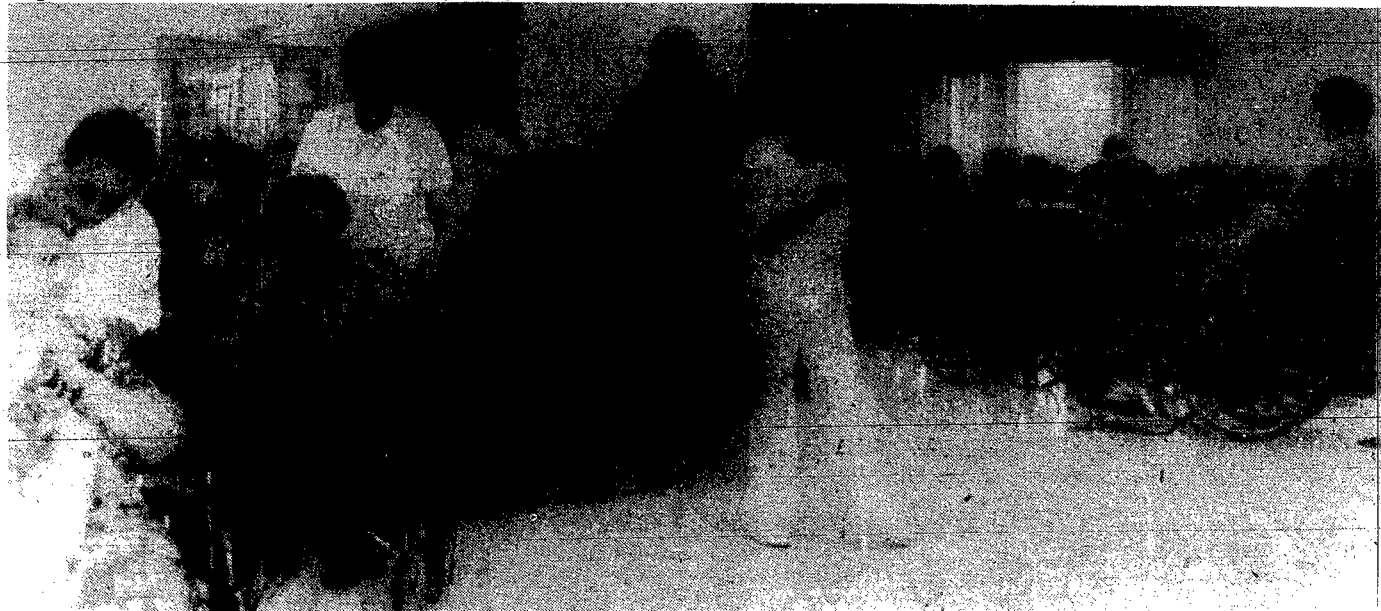
"To the extent that these ads indicate that people who pay Social Security taxes get little protection for their survivors, they are really way off," Heineman stated.

In seeking to sell life insurance, the ads cite Social Security's lump sum payment of \$255 paid to the widow or children of the deceased worker. One TV ad notes "that's not even enough to bury you."

"Social Security does not provide burial insurance. It provides a monthly benefit to your survivors that replaces a substantial proportion of your monthly earnings," Heineman said.

The value of Social Security survivors benefits for an average wage earner who leaves a spouse and two children is equivalent to a \$295,000 life insurance policy. The average monthly payment for a family consisting of a widow(er) with two children is about \$1,350 per month. And Social Security payments increase based on the annual cost-of-living index—something few private insurance plans offer," he said.

"Because most people don't like to think of death, they don't always have a plan to cover their family in case of their death. When you're working and paying Social Security tax, it can be comforting to know that you can count on Social Security survivors benefits for your family," he said.



## Wheel-chair dancing

Volunteers push residents around the "dance floor" to music during a recent afternoon's activities at the Wayne Care Centre. One volunteer was forced to "dance" with a broomstick until the music stopped. At that time, everyone switched partners in a game similar to Musical Chairs. Volunteers provide a number of services at the Care Centre for residents including the making of homemade ice cream, serving cookies and including residents in community events.

## Not all exams use a pencil and paper

by Jane Potter, M.D.

Most of us have memories of school tests that we would rather forget. A fitness test is a different story. This kind of exam isn't focused on remembering dates or formulas or even rules about sports, but a willingness to bet into better physical shape.

Exercise testing done by a physician or another medical expert evaluates how well a person can handle physical stress. It's a good idea to go in for a test before starting a fitness regimen if you are old, have a history of heart problems, or haven't exercised on a regular basis for a long time. Testing, usually done in a medical office on a treadmill

or exercise bike, can help in the diagnosis of irregular heart beats and the blocking or thinning of coronary arteries.

Before a test starts, patients are asked questions about their exercise and health habits and heart reading are taken on an electrocardiogram (ECG). To be sure of reliable readings, physicians often ask patients to stop taking heart medications, like beta-blockers or calcium blockers, a few days before the test. As long as this is done under a doctor's supervision, there shouldn't be any worries about stopping or re-starting a prescription medication.

During the actual test, patients are asked to start out by either walking or

pedaling in a relaxed manner. As the test progresses, patients will be asked to walk or pedal faster. Sometimes, walking tests include making the grade of the treadmill steeper to simulate the stress of going up hill. If at any time the test becomes too much of a stress, the patient should tell the physician or technician.

Results from the test give the medical professional a much better picture about how a person should start an exercise program and how fast they should progress in it. Getting cleared to start an exercise program is an important first step in meeting a person's fitness needs.

## Understanding entitlements

It seems that everywhere you turn nowadays, entitlements are in the news. Cut funding. Increase funding. Don't touch them! Study them!

Just what are entitlements, and what do they mean to you and me?

Entitlements are payments that the government is required to make.

Generally, they fall into two categories — means-tested and self-supporting.

If they're means-tested, the entitlements are financed out of general revenue, and a person has to meet certain income guidelines in order to be eligible for them.

Means-tested entitlements include Medicaid, Supplemental Security Income (SSI), Food Stamps, and Aid to Families with Dependent Children.

Self-supporting entitlements include Social Security, Medicare, and federal pensions. These are programs which people pay into during their

working years. Age, and usually, the years worked determine eligibility.

Currently, entitlement spending comprises roughly 52% of the national budget. Another 35% of the budget is allocated to discretionary spending, including defense, domestic, and international expenses. To round out the budget, the remaining 12-13% is spent on interest on the national debt.

Spending on entitlements increases as more people become eligible to receive payments and as automatic increases — such as those that rise with the rate of inflation — kick in.

Projections show, that if left unchecked, entitlement spending will account for 70% of the budget by the year 2000, and 100% of the budget in 2020. In comparison, in 1963, 30% of the budget was allocated to entitlement spending.

And, any item which comprises such a large portion of the national budget, is bound to make the news.

### "A Choice C.D."

#### 8 Month Term

\$5,000

Minimum Balance  
Compounded Quarterly

# 6.25%

Annual  
Percentage Yield

#### 24 Month Term

\$1,000

Minimum Balance  
Compounded Quarterly

**Hurry! Offer for a  
limited time only.**

Penalty for early withdrawal - Rates subject to change - FDIC insured up to \$100,000.00. APY is accurate as of Sept. 3, 1996.

A Special Rate from  
The Bank Where "You're Somebody Special"



**farmers & merchants**  
**state bank of Wayne**

321 Main Street - P.O. Box 249  
Wayne, NE 68787  
402-375-2043  
— Member FDIC —

# Answering most often asked questions

Is it any wonder that Social Security gets questions from thousands of people every day? At present, more than 141 million people work in Social Security-covered employment and another 43 million receive monthly benefits. What do people want to know about Social Security? The following are 10 of the most frequently asked questions and their answers:

**1. How do I change my address with Social Security?**

A. Call Social Security (1-800-772-1213) to report your new address and new telephone number. Be sure to have your Social Security claim number handy when you call.

**2. How much will my Social Security benefit be when I retire?**

A. It depends on your average earnings over your working years. In general, Social Security benefits replace about 42 percent of the prior earnings of a person with average earnings. To find out how much your benefits will be, based on your earnings, call Social Security (1-800-772-1213) and ask for a Personal Earnings and Benefit Estimate Statement. If you use the Internet, you can get it from <http://www.ssa.gov>

**3. How do I get my benefit check deposited directly into my bank account?**

A. Call Social Security's toll-free number (1-800-772-1213) to arrange the direct deposit of your benefit. A tele-service representative will ask you for your Social Security claim number and your account information about your financial institution (you'll find that information on a check or your bank statement).

**4. Why is my neighbor's Social Security benefit larger than mine?**

A. Benefit computations are based on a person's date of birth and complete work history. It's unlikely that you and your neighbor share the same date of birth and the same work history.

**5. How are my retirement benefits figured?**

A. Retirement benefits are calculated on total earnings during a lifetime of work under the Social Security system. Years of high earnings will increase the amount of the benefit, but no group of years counts more than another group.

**6. If I lose my Social Security card or Medicare card, how do I get a replacement card?**

A. Call Social Security's toll-free number (1-800-772-1213) to ask for an application to apply for a Social Security card. Be sure to have your Social Security number handy when you call. The Internet address for Social Security information, including replacement cards, is <http://www.ssa.gov>

**7. Where is my local Social Security office?**

A. You'll find Social Security office addresses listed in the telephone directory under "U.S. Government" or "Social Security Administration." You also can call our toll-free number to ask for the local office's address.

**8. How will I know what benefits to report on my income tax return?**

A. The Social Security Benefit Statement (Form SSA-1099) that was sent in January to all persons who received benefits in 1995 shows the amount of benefits you received. A copy of your SSA-1099 also is sent to the IRS. You may have to pay income tax on your Social Security benefits if you have



other income. If you did not receive your copy, call Social Security at 1-800-772-1213 for the information.

**9. How much can I earn this year before my Social Security benefits are reduced?**

A. If you are under 65 and still working, you can earn up to \$8,280 in 1996 before your benefits are reduced. Your benefits will be reduced \$1 for each \$2 you earn over \$8,280. If you're age 65 or older but not yet 70, \$1 in benefits will be deducted for each \$3 you earn above \$12,500. Earnings in, or after, the month you reach age 70 will not affect your Social Security benefits.

**10. Will the retirement pension from my job reduce the amount of my Social Security benefit?**

A. If your pension is from a job where you paid Social Security taxes, it will not affect your Social Security benefit. Pensions from work not covered by Social Security, for example, the federal civil service or some state or local government systems, probably will reduce the amount of your benefit. For an ex-

planation of how benefits may be affected, call Social Security and ask for the factsheet A Pension From Work Not Covered by Social Security (Publication No. 05-10045).

If you have other questions about Social Security coverage or benefits for you and your family, call the toll-free number (1-800-772-1213). Our lines are busiest early in the week and early in the month, so if your business can wait, it's best to call at other times. Or use Social Security's Internet site, <http://www.ssa.gov>

## Deferred Annuities: The Safe And Systematic Way To Save.

Auto-Owners no-load, tax-deferred annuities credit high interest earnings to your savings program. Contributions can be made at any time with convenient plans available for those who want to make deposits on a regular basis. Contact your Auto-Owners agency for details and join the millions who save billions the annuity way.



**Northeast Nebraska Insurance Agency, Inc.**

111 West 3rd Wayne, NE  
402-375-2696

**Auto-Owners Insurance**

Life Home Car Business

*The No Problem People*

## Quality Living At Affordable Prices

5 good reasons why you should choose

# Oakview Townhouses

FOR SALE  
NOW!

1. Located in a quiet, low crime community of Wayne Nebraska
2. Why rent when you can own at today's interest rates.
3. No lawncare or snow removal necessary. It's provided by Home Owners Association.
4. Close to Providence Medical Center & Wayne Care Nursing Home.
5. Quality construction.

For more information call:

**402-375-2319 or 402-375-4204**

leave message if no answer

Located at the corner of Vintage Hill Drive and Aspen Street

**Great Place for Retirement!**

# My Life Just Changed...



## ...for the Better

Offering an entire continuum of services, Walker's Colonial Manor has become the resource for Siouxland Seniors.

Here's why:

**Walker's Colonial Manor Retirement Apartments** are ideal for older adults who are able to live independently with some assistance.

**Skilled Nursing Services** are offered with the goal of helping seniors return to a residential setting.

**Treasure Garden** is Sioux City, Nebraska's first and only Alzheimer's community. Featuring a safe and nurturing environment, Treasure Garden promotes quality of life for residents.

**Outpatient Therapies**—including speech, occupational and physical therapies—are now available to the general public.

**Newly Remodeled Surroundings** make Walker's Colonial Manor an even more pleasant home away from home.

Are you looking for a way to change your life—for the better? Then choose Walker's Colonial Manor!

Walker's  
**Colonial  
Manor**

So Many Services,  
In a Setting So Much Like Home  
3200 G Street,  
South Sioux City, NE 68776  
494-3043

Affiliated with Walker Methodist, Inc.  
Serving Seniors Since 1945



Yes! Tell me more about Colonial Manor.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

SSCS896

# Winston Turns 100; Hopes He'll See Three Centuries

By Peggy Williams  
Star Editor

Just three years and four months more, and Charles Winston will have lived in three centuries.

That's the goal of the soon-to-be South Sioux City centenarian, said his daughter, Sr. Mary Ellen Winston.

"He's always said he wants to live until the year 2000, so he can say he lived in three centuries. At the rate he's going, he might make it," said Sr. Winston.



Charles Winston

Winston is a chipper, conversational man, sharp as a tack, who didn't really think a fuss was necessary over this milestone.

"Aw, one hundred isn't old," he joked. "Now, one hundred twenty-five! That will be old."

Then he laughed and recalled as a young man seeing people in their 60s and thinking they were "old."

"It's just another day," he said of his approaching Sept. 1 birthday.

But a fuss there will be. His daughters, Sr. Winston of Sinsinawa, Wis., and Catherine Melchert of Bartlett, Ill., are planning a birthday bash at the Holy Spirit Care Center in Sioux City, where Winston has been a resident since March of this year. Up until that time, he lived at his home in South Sioux City with his wife of 60 years, the former Maye Bruyer.

Winston was born Sept. 1, 1896, at Gilt Edge, Mont. His father was an engineer for a silver mine and he had several brothers and sisters. However, when Winston was just a year old, his mother died and he and an older sister, Josephine were sent to Ponca to live with their mother's brother and sister on the family farm.

After graduating from eighth grade, Winston went to Omaha Business College, then on to the Ag College at the University of Nebraska-Lincoln for one year. He returned to the farm and raised corn, soybeans and cattle for a number of years until his aunt and uncle retired and they all moved to South Sioux City in 1934.

"My mother was a teacher at Waterbury High School," said Sr. Winston. "They met on a blind date and married when Dad was 40."

Winston held a variety of jobs once he settled in South Sioux City. He ran a gas station for several years; was a farm loan inspector for the government, worked for the Nebraska Port of Entry, and was a police dispatcher for about six years until his retirement.

Since that time, he's occupied his time reading, visiting and gardening, Sr. Winston said.

"He enjoys reading very much and he's a great visitor," she said.

## Green Thumb Seeks Workers 55+

Are you 55 or older and in need of a job? Contact Green Thumb Inc. for job placement and/or training. Call 1-800-624-7899.